



Read Us Online at
IslandSunNews.com

THE RIVER WEEKLY NEWS

FREE
Take Me
Home

Vol. 15, No. 42

From the Beaches to the River District downtown Fort Myers

OCTOBER 21, 2016

Diverse Exhibit Opens November 4

Arts for ACT Gallery will hold an opening reception on Friday, November 4 from 6 to 10 p.m. during Art Walk. The gallery will feature Low Brow artist Jerry McGreens, portrait painter Leslie Morrow and artist Rob Goldey.

McGreens began his art career after high school. He took a tattoo apprenticeship while attending art classes at the University of Nevada, Las Vegas. After his apprenticeship, he began tattooing full time in his home city of Las Vegas. Ten years later, he moved to Florida to continue his career. McGreens always dabbled in painting, but work kept him too busy. After spending an additional 10 years tattooing and recreating someone else's ideas, it was time to express his own through painting full time.

McGreens' art consist of a dark blend of cute and creepy that invites the viewer to move into a world where these creatures have their own agendas. The world around him, his dreams and other artists inspire him musically, lyrically and artistically.

Morrow's paintings are raw and sensitive to the eye. She expresses the feminine experience, the mystique,

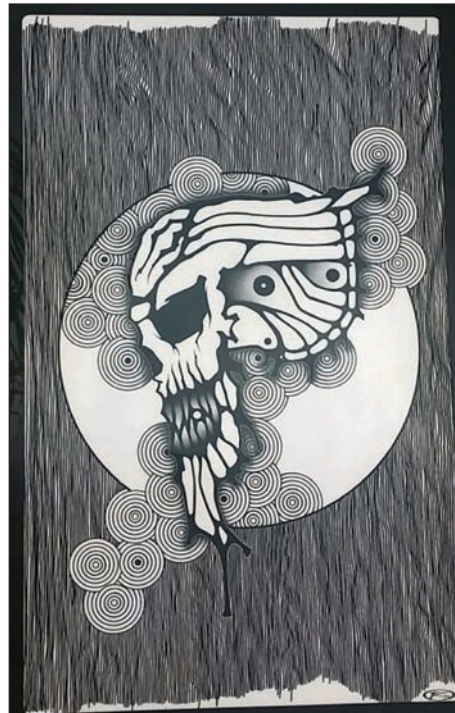


Portrait by Lesley Morrow

images courtesy ACT Gallery

through figurative and portraiture that has included both celebrity and iconic women. Capturing not only the strengths, she also sees in these women and their faces the chaos behind the façade.

As a child, Morrow was influenced by her professional illustrator parents, then focused on photography at the School of Visual Arts in New York City and at City College of San Francisco, California. After becoming a wife and mother of two, she



Skuller by Rob Goldey

took 25 years off. Feeling the need to find herself later in life, Morrow turned back to art.

Morrow breathes her passion through acrylic, oil, airbrush and mixed media. Her work is exhibited in local galleries and can be found in public and private collections

continued on page 15



Painting by Jerry McGreens

Youth Orchestra To Perform This Sunday

The Southwest Florida Symphony Youth Orchestra opens its season with Assisting the Generations, a concert to benefit the Senior Friendship Center in Fort Myers. The performance takes place on Sunday, October 23 at 4 p.m. at the STARS Complex, located at 2980 Edison Avenue in Fort Myers.

Tickets are \$10 for adults and \$5 for students, and can be purchased by calling the symphony's box office at 418-1500, in person at the box office, located at 8290 College Parkway, Suite 103 in Fort Myers or at the door.

Students from throughout Lee County will perform works by Tchaikovsky, Borodin and Haydn. Conductor Roland Forti will direct the orchestra in Tchaikovsky's *Romeo and Juliet Overture*, Carrie Lane Gruselle's *Two Songs of Newfoundland* and Michael Story's *Cumberland Cross*. Conductor Kayla Lisa will direct the sinfonietta who will perform *Night Shift* by Richard Meyer, *Three Kabalevsky Dances* by Harry Alshin and *Ghost Carnival* by Erik Morales.

Concertmaster of the Southwest Florida



Members of the Southwest Florida Symphony Youth Orchestra

photo courtesy Southwest Florida Symphony

Symphony Reiko Niiya will present Elbert Wu (1st violin), Claire Schreiber (2nd violin), Cecilia Schreiber (viola) and Carly Fulcher (cello) in the performance of Borodin's *String Quartet No.2, First Movement*.

William Larsen, principal flutist of the

symphony, will have Sarah Taylor (flute), Kaitlyn Calcagino (flute) and Maddie Fales (clarinet) play *Allegro Marziale from London Trio No.4* by composer Haydn.

For more information, visit swfso.org or call 418-0996.*

Halloween Party Features Live Music, Craft Beer

Sidney & Berne Davis Art Center's (SBDAC) Noteworthy Concert Series, which pairs local bands and craft breweries, serves up party-funk rock group Strange Arrangement with Bury Me Brewing, on Friday, October 28 at 8 p.m.

Hailing from Pine Island, Strange Arrangement is a creative musical family organized by the brothers Van Kirk. Warren and Gregory each have a broad range of musical tastes that are incorporated into their original music. With familiar rhythms and catchy hooks, Strange Arrangement's music appeals to people of all ages and walks of life.

The evening begins with cocktails at 7 p.m., with the doors opening at 8 p.m. Costumes are encouraged. Tickets are \$10.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic Fort Myers River District.

Visit sbdac.com for more information and tickets.*

Historic Downtown Fort Myers, Then And Now:

Another Historic House Fades Into History



by Gerri Reaves, PhD

Local history lovers had reason to be melancholy a couple of weeks ago. Another beautiful historic house is no more. While some people label such reactions as mere useless sentimentality, for people who care about the historic urban landscape and the history attached to it, something ineffable is lost each time a grand home disappears.

For old-timers who can actually remember people associated with the house or even remember long-ago times inside the house, the feeling can be especially acute.

For example, decades after the Floweree mansion (next door neighbor to the Murphy-Burroughs Home) was demolished, locals fondly recalled attending parties in the house as high schoolers – and they insist-ed that it was more elegant than its neighbor.

Just in the last few months, the inevitability of change has been difficult to accept. We’ve seen the demise of the city’s oldest church, First United Methodist – formed even before Fort Myers formally existed as a town – and we’ve regretted the South-west Florida Historical Museum’s abandonment of the much-loved Atlantic Coast Line Railroad depot.

The latest on the list is the Lozier-Bass-Kinsey home.

Built by wealthy car manufacturer John B. Lozier in 1914, it was one of many located on Millionaires Row, a name referring to the many seasonal or full-time homes built by wealthy out-of-state people on First east of the business district in the early 20th century.

Few people today associate the name Lozier with cars, but between 1900 and 1915, Lozier built luxury automobiles, including racing cars. Lozier Jr. was also involved in the business.

For perspective, consider that 25 Lozier automobiles were registered in the state between 1905 and 1914, an era when owning one was still a bit of a rarity.



Car manufacturer John B. Lozier built this house on the riverfront on First Street in 1914, the approximate date of the photo
courtesy Southwest Florida Historical Society



A 2010 photo of the Kinsey home

photo by Gerri Reaves



The site today

photo by Gerri Reaves

Lozier, along with Henry Ford and Williard Velie (whose brand also vanished from the automobile market), were three automobile magnates who made their home for at least part of the year in early Fort Myers.

The undated historic photo was taken in the house’s early years, apparently from the front porch of the house across First Street, the still extant Miller-Twiss-Blemke house.

Notice the scrubbed appearance of the Lozier’s riverside site, which would grow into a lush tropical garden with time. A dock on the river (right) is visible in this early

continued on page 6

Independently Owned And Operated
COPYRIGHT 2016 The River Weekly News
LORKEN Publications, Inc.



Read Us Online: www.IslandSunNews.com

Contributing Writers

Jennifer Basey	Marion Hauser, MS, RD
Kimberley Berisford	Ross Hauser, MD
Suzy Cohen	Audrey Krienen
Ed Frank	Anne Mitchell
Jim George	Capt. Matt Mitchell
Shelley Greggs	Di Saggau
Tom Hall	

Reporters

Gerri Reaves, PhD
Jeff Lysiak

Publisher

Lorin Arundel

Advertising Sales

Bob Petcher
George Beleslin

Graphic Arts/ Production

Ann Ziehl
Amanda Hartman
Justin Wilder
Diane L. Wynocker

The River Weekly News will correct factual errors or matters of emphasis and interpretation that appear in news stories. Readers with news, tips, comments or questions, call 239-395-1213 or write to: The River Weekly News, 1640 Periwinkle Way, Suite 2, Sanibel FL 33957. FAX number: 239-395-2299. E-mail: press@riverweekly.com. E-mail: ads@riverweekly.com
The River Weekly News reserves the right to refuse, alter or edit any editorial or advertisement.



Police Academy Hosts Fundraiser

The Fort Myers Police Department's Citizen Police Academy Alumni Association (CPAAA) will host a self-defense class fundraiser at 6 p.m. on Friday, November 11.

Master David and Grand Master Noah Guak of United Martial Arts School will lead CPAAA members and the public in the one-hour class. The school is located at 2500 Crystal Drive in Fort Myers.

During the session, participants will learn how to be aware of dangerous situations before they happen. The goal of the class is to feel safer and more confident in defending yourself.

"We all need to be aware of our surroundings, whether we're walking to our car or entering our homes," said Guak. "This fundraiser will help attendees learn how to spot and avoid danger while at the same time raise important funds for our local police officers who protect us every day."

The cost is \$25 per person. Advance reservations are required by emailing

fmpdcpaaa@gmail.com or calling 989-9956. All funds raised will support Fort Myers Police Department personnel and programs.

CPAAA is a nonprofit committed to bringing together the graduates of the Fort Myers Citizen's Police Academy to enhance relations between the community and the police department. The organization also provides assistance and support to the police department and its families whenever possible. Membership is \$25 per person annually and all past FMPD Citizen Police Academy class members are invited to join.

The association meets the fourth Tuesday of each month at 6:30 p.m., 4312 Michigan Avenue in Fort Myers.✱

Interactive Dining Experience Set For November 11

The Sidney & Berne Davis Art Center brings Cooking for the Arts, an interactive dinner experience, to Southwest Florida on Saturday, November 5 from 6 to 10 p.m.

Cocktail hour runs from 6 to 7 p.m. A four-course gourmet meal follows, paired with special wines from this year's menu theme, An Evening in Bangkok, prepared by chefs Mike and Karen Gavala. The two, of G3 Catering, bring over 30 years of catering experience to the evening.

Wear your own chef's hat and apron as chef Mike Gavala walks you through step-by-step cooking and plating of each course. Indulge in Asian Fusion cuisine, paired with wine and a special Thai-influenced beer crafted by Bury Me Brewing. In between courses, bid on silent and live auction items. Proceeds benefit the center's education programs.

The dinner is sponsored in part by Henderson & Franklin Attorneys at Law, and Clinger, Sizemore & Associates, Merrill Lynch.

Tickets are \$275 per couple and \$1,100 per table of eight. Visit sbdac.com for information and tickets.

The Sidney & Berne Davis Art Center is located at 2301 First Street in Fort Myers.✱

A Rockin' Evening To Help Fight Cancer

The 7th annual Rockin' Ribbons & Blues is set to take the stage Friday, November 11 from 5:30 to 9 p.m. at MarineMax, located at 14030 McGregor Boulevard in Fort Myers.

The Southwest Florida community is invited to rock on in the fight against cancer during this fundraiser, benefiting the Compassionate Care Fund of the Regional Cancer Center.

The Lee Health Foundation has once again teamed up with the Bireley family to host an evening of music, art and auctions, including vacation getaways and autographed sports memorabilia.

Attendees can sample bites from local eateries such as Fathom's, Fuzzy's Taco Shop, Crown Plaza and Cork Soakers, as well as from Culinary Solutions by Lee Sar and Chef Penny Austin.

Music will be provided by opening band The Rosada Project, followed by The Juice, with special guest Dr. Larry Hobbs from the emergency room at Gulf Coast Medical Center on guitar.

The goal of Rockin' Ribbons & Blues is helping save the lives of local cancer patients and honor the memory of Frank and Betty Bireley as their sons, Roger and Frank, and the Bireley grandchildren, carry on the tradition.

Tickets are \$100 per person and can be purchased by going to LeeHealth.org/go/RibbonsAndBlues. Table and other sponsorship opportunities are available. For more information, call 343-6950.✱

YOUR VOTE COUNTS

November 8, 2016





**I VOTED
TO HELP
CONSERVATION**

WE
TODAY

YES

on Conservation 20/20

It is an opportunity for citizens to help safeguard Lee County's long-term economic and environmental sustainability and quality of life by continuing to protect the county's exceptional natural resources, yet without increasing taxes.



Yes 20/20
Keep Conserving Lee

NO

on Amendment 1

Amendment 1 is a deceptively worded amendment that creates barriers for future solar power competition and slows solar use for the future. Help keep solar rights in your OWN hands, not in those of the utility companies.



**UTILITY-BACKED
AMENDMENT 1
BLOCKS
THE SUN**
VOTE NO ON 1!



**YES ON 1
FOR THE SUN**

dingdarlingsociety.org

Fort Myers Art:

Bridger Conveys Creative Unity



by Tom Hall

For three years running, fine art photographer Mila Bridger has paid homage to some of the greatest artistic compositions the world has ever known. First came Leonardo's *The*

Last Supper. Mila followed that with Renoir's *Luncheon of the Boating Party*. For this year's Cooking for the Arts auction benefitting the Sidney & Berne Davis Art Center, Bridger selected Rembrandt van Rijn's *The Anatomy Lesson of Dr. Tulp*.

Part of the success Bridger has enjoyed since arriving on the local art scene is attributable to her inclusion of many of Southwest Florida's art, theater and business personalities and leaders in her individual and group portraits. For Bridger, it is symbolic of the way that they individually and collectively contribute to the vibrancy of our local art, theater and cultural scene. "In these photographs, I am not only paying tribute to some of the world's greatest artists and group portraits, but showing that here and now we can do things together to create something special

that gives back to the community," explained Mila. By way of example, the proceeds raised from the live and silent auctions that take place during Cooking for the Arts benefit the Davis Art Center's Eclectic Education programs.

It's an honor to be included in one of these homages. For *Feast of the Masters*, Bridger chose Chef Mike Gavala, Pamela Beckman, Xavier Brignoni, David Acevedo, fashion designer Mariapia Malerba, gallery owner Terry Tincher, Veron Ennis, Cesar Aguilera, Fort Myers Film Festival Director Eric Raddatz and Downtown Diva Stephanie Davis for her ultra-creative re-enactment of *The Last Supper*. For *Luncheon of the Boat Party*, Bridger invited Lily Griffith, Leila Mesdaghi, Jeffrey Scott Lewis, David Acevedo, Jonas Stirner, Jim Griffith, Pamela Beckman, Mariapia Malerba, Destiny Haggett, Bradford Herman, Jamie Burnette, Stephanie Davis, Melissa Tschari DeHaven, Cesar Aguilera, Cameron Plummer and Bill Haggett to re-enact Renoir's famous scene.

"This year, I wanted to include some new faces, but I did not want to hurt anyone's feelings by not inviting them back," explained Bridger. "So I asked Annette [Trossbach] to pick the people for this shoot." Who better to cast a modern remake of *The Anatomy Lesson of Dr. Tulp* than the artistic director of the Laboratory Theater of Florida, where the photo session took place. Trossbach included mainstays Terry Tincher, Stephanie Davis, Pam



Mila Bridger

photos courtesy www.artswfl

Beckman, Leila Mesdaghi and Cesar Aguilera but added herself, Alliance for the Arts Executive Director Lydia Black, surrealist dreamscape painter Danielle Branchaud and city planner and visionary Jack Luft, who was on the team that created the Miami Art District and who has set his sights on converting the downtown Fort Myers River District into the next hot arts mecca.

But *Artful Anatomy* is more than just a collection of local artists, art and theater professionals, business planners and visionaries. It is a further illustration of Bridger's exceptional understanding and use of lighting in her individual and group compositions. It also evinces Bridger's insight into the fundamental elements of portraiture that Rembrandt included in his masterwork composition.

For example, Bridger dresses Aguilera in a hat to signify he's the one who is giving the artful anatomy lesson. But interestingly, none of his seven colleagues look in his direction. Four appear to be looking at the cadaver. Two look at the viewer. And one appears to stare off into space as though preoccupied by something else that may be on her mind. That each wears a uniquely personal and psychologically revealing facial expression underscores their individuality. But while the composition is indeed comprised of nine distinct individuals, Bridger's overall portrait conveys a single, cohesive group, which is emblematic of the way our aggregation of individual visual and performing artists and art professionals create a unified art and business community.

Nothing in a Bridger composition is there by accident, and that's true of the magazine that Pam Beckman holds in her right hand. It's the *Fort Myers Magazine*, and the publication provides more than 50,000 area readers with informative articles about art, theater, music, books, film and television along with exposes on the topics of health and welfare, recreation, travel and leisure and food and drink.

With the history of Western art as

fodder, there's no telling what other iconic images Bridger will homage, subvert and recast as contemporary cultural currency in the years that lie ahead. But that's only the medium for her larger message that by honing our individual creative talents and craft with an eye on the larger dynamic of the art, theater, cultural and business community in which we operate, we foster a symbiotic relationship in which everyone within Fort Myers, Lee County and Southwest Florida benefits. Or as Alliance Director Lydia Black never tires of pointing out, art works for everyone by creating thousands of direct and indirect jobs, contributing tens of millions of dollars to our local economy and adding millions to our state and local tax coffers.

And in a political and social climate that is disturbingly contentious, divisive and polarizing, Bridger's message is as refreshing as it is novel. Many artists borrow from popular culture to create compelling art. Some modern photographers expose the underbelly of society within their viewfinder. Others capture fleeting moments that would otherwise go unnoticed on busy urban streets and suburban roads. Yet others build careers on the foundation of those with celebrity cache. Bridger has carved out her own unique niche within the pop culture world.

First, she confines herself to local pop culture and the figures that make it. Secondly, by drawing attention to and recognizing their artistic accomplishments, she creates a climate in which the arts and artists can flourish. This, in turn, invites new artists to join the local art scene and encourage all artists to take even greater chances and artistic risks in the tradition of local icons such as Robert Rauschenberg and Marcus Jansen.

Bridger is renowned both locally and internationally for fantastical portraits that feature thoughtfully stylized, saturated settings that evince a high degree of kinetic energy and unmistakable Expressionist flair. She was recently honored with a well-attended solo show titled *#unexpected* at the Sidney & Berne Davis Art Center.

Cooking for the Arts is an exciting interactive dinner experience of culinary excellence in which participants enjoy a full four-course gourmet meal from a themed menu which, this year, is An Evening in Bangkok prepared by Chef Mike Gavala and Karen Gavala of G3 Catering. Seated at tables of eight and surrounded by good friends and fresh ingredients, Mike and Karen will help participants cook and plate each course while enjoying wine pairings and a special Thai-influenced beer crafted by Bury Me Brewing. This year's event takes place from 6 to 10 p.m. on Saturday, November 5.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✴

Synergy



Alex and Ani (+) ENERGY

MADE IN AMERICA WITH LOVE



Sanibel's only positively authorized dealer!

Synergy Tahitian Gardens • 1981 Periwinkle Way, Sanibel • 239-395-5353

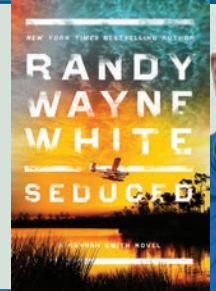


BOOK SIGNING EVENT!

CAPTIVA ISLAND:

NOVEMBER 3RD

12PM - 3PM



MEET THE AUTHOR!

"For the sun-kissed & desirous alike, a vacation on a plate."

The New York Times Magazine

Sanibel Island

Captiva Island



2500 Island Inn Rd

Sanibel Island FL, 33957

239.472.8311

BOOK SIGNING EVENT



South Seas Island Resort

Captiva Island FL, 33924

239.312.4275

Follow us on Instagram & Facebook!

  @docfords

Woman Power At Theatre Conspiracy



From left, Anna Grilli, Shelley Sanders and Lisa Kuchinski of *The Taming*
photo courtesy Theatre Conspiracy

by Di Saggau

Now showing at Theatre Conspiracy, *The Taming* is a funny, fast-talking political satire about our divided and dysfunctional politics and what smart women might do about it. Playwright Lauren Gunderson has written a fundamentally sound and sane look at the insanity of American politics in this and other centuries.

The basic premise is that a Miss America finalist can exploit the American male ego and cause the American political system to create an entirely new format for democracy through constitutional law. That may not sound funny, but believe me, it is.

Patricia (Lisa Kuchinski) is the ultra-conservative aide to a Republican senator prone to mishandling the interns. She wakes up in a hotel room without pants and shoes in the company of Bianca (Anna Grilli), a liberal focused on keeping two million Twitter

followers happy and saving a tiny endangered mammal, the giant pygmy panda shrew. A-ha, there's the whiff of Shakespeare. Neither has a clue why they're locked up together. Enter Katherine (Shelley Sanders), a tiara-wearing Miss Georgia who aims to be the next Miss America. She has a plan to parlay pageant celebrity into a redo of American constitutional government.

The second act (there is no intermission) takes us back to 1787, when James Madison was drafting both the Constitution and the Bill of Rights under George Washington's watchful eye. Our three heroines assume these roles in period costume complete with wigs. The conservative Patricia is now the moderate, compromising Madison and the liberal Bianca is hard-line Charles Pinckney, the right-wing South Carolina delegate who won't budge an inch on slavery or the Electoral College. Katherine plays George Washington, referee and fearless leader who lets us know his hair is his own. This was my favorite role. Kuchinski and Grilli are dynamic in their roles and Sanders is a treasure.

The trio maintains a dynamic range of highly specific movements, along with a ton of dialogue. We get the sense that we're watching clever females figure out new rules and new strategies from inside a system that doesn't want to change. Bottom line in this play is to remember that the Founding Fathers weren't gods, and that our democracy is something we need to use, test and keep fixing from generation to generation.

The Taming, directed by Bill Taylor, runs through October 30 at Theatre Conspiracy located in the Alliance for the Arts, 10091 McGregor Boulevard in Fort Myers. For tickets, call 936-3239.✧

From page 2

Historic House

photo. Fill along the river bank later extended the property farther from the back of the house.

In 1924, Shepard C. and Carrie Daughtrey Bass bought the property and lived there until the mid-1950s, when Phillip Kinsey bought it.

Not so long ago, the riverfront house on First Street at the foot of Avalon was a much-touted historic structure.

In the early 1980s, the City of Fort Myers' inventory of historic resources designated the house as "significant," second only to an "outstanding" designation. The structural integrity of buildings in that category was rated "good" or "excellent."

The report characterized it, overall, as a charming structure that maintained much of its original look, despite interior alterations such as the addition of a large kitchen.

Among the assets cited in the report were the pink color, the white railings along the large open porch, and the large white shutters.

Also mentioned was the living room's white fireplace and white staircase.

A 1985 *News-Press* article noted the pretty "candy pink" color that the Kinseys painted it. Other features were an "imposing" rebuilt front porch with white pillars, which spanned the width of the house.

Also noted were the stable, which had been converted into apartments,

and, touchingly, a concrete and bronze marker reading "Ta-La-La, March 5, 1916, L'Amour." It was believed to mark a pet's grave.

As illustrated by the 2010 photo, the house returned to its original white paint in its last years and, nestled into the foliage as it was, definitely had a classic old Florida appeal.

The house is gone, but history lovers have to take heart. Venerable downtown structures are being renovated and repurposed every month. The downtown business district is very alive and kicking, which is more than could be said several decades ago.

The enchantment of the new library still hasn't worn off, attractive mix-used buildings are in the planning stages, and a long-vacant hotel tower is being converted to modern apartments.

The loss of historic structures and institutions is a reminder to explore downtown to appreciate its history and beauty.

Walk down First Street and contemplate the invigorating changes that the 21st century is bringing to historic downtown.

Then visit the following research centers to learn more about the people who once lived along the river.

The Southwest Florida Historical Society is an all-volunteer nonprofit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer nonprofit organization are 10 a.m. to 4 p.m. Wednesday through Friday.

For information, call 332-8778 or visit leecountyblackhistorysociety.org.

Sources: Archives of the Southwest Florida Historical Society, *At Home with History* by Ernestine Williams, *Historic Fort Myers* by The Fort Myers Planning Department and *The Passing Scene* by Marian B. Godown.✧

Farmers Markets Now Open!!!

Season Starts!

- Locally Grown Produce
- Agricultural Products
- Freshly Baked Breads
- Fresh Cut Flowers
- Artisan Goods
- Locally Caught Seafoods
- Meats & Cheeses
- Native Plants
- Organics & More!

Centennial Park

(Downtown Fort Myers)

Thursdays 7am-1pm

Florida Southwestern College

(NEW DAY)

Fridays 9am-1pm

OTHER DAYS AND LOCATIONS:

SANIBEL ISLAND
Sundays, 8am-1pm

COCONUT POINT
Thursdays, 9am-1pm

LAKES PARK (NEW DAY)
Wednesdays, 9am-1 pm

CORNOG PLAZA (Downtown Fort Myers)
Starting in November
Saturdays, 9am-1pm

BONITA SPRINGS (at The Promenade)
Saturdays, 8am-12pm

Eat...Shop... BuyLocalLee.com

Sakura Chinatown

Japanese & Chinese Restaurant

\$5 Off

\$30 or More

OR

\$10 Off

\$50 or More

Dine-In Only. Must Present Coupon.
Not Valid with Other Offers. Exp. 10/31/16

239-332-0888 • 11am-10pm - Closed Mon.
15271 McGregor Blvd Suite 24
SakuraChinatownFortMyers.com

Shell Point Praise Concert Series



The Fort Myers Symphonic Mastersingers

photos courtesy Shell Point

Tickets are on sale for the 2016-2017 Season of Praise Concert Series, an annual presentation of sacred music and inspirational worship celebrations offered by The Village Church at Shell Point.

Six performances are scheduled, including singers, solo and instrumental ensembles, bells, orchestra and choirs, and a brass band. The artist roster and dates are:

- Fort Myers Symphonic Mastersingers – Sunday, November 13 at 6:15 p.m. The Fort Myers Symphonic Mastersingers and the debut of the City of Palms Youth Choir present a celebration of sacred songs.
- A Christmas Celebration – Sunday, December 11 at 6:15 p.m. A program by The Village Church choir, accompanied by the Celebration Ringers and the Southwest Florida Festival Orchestra, weaves Hal Hopson's classic arrangements into a service of lessons and carols that celebrate the joy of the season.
- Tim Zimmerman & The King's Brass – Sunday, January 8 at 6:15 p.m. The



The King's Brass

King's Brass blends three trumpets, three trombones, a tuba, percussion and keyboards for this performance that highlights classic hymn arrangements with a contemporary flair.

- Ballet Magnificat's *Deliver Us* – Thursday, February 2 at 7:15 p.m. The art of dance and drama takes the stage as Ballet Magnificat delivers a story about Moses and the enslaved Jewish people's cry for deliverance – a picture pointing to the Easter story and God's love for all people.
- *Of Wardrobes and Rings* – Sunday, March 12 at 6:15 p.m. Spend an evening with CS Lewis and JRR Tolkien at Oxford's historic Eagle and Child pub, tempered by thawing humor, confession and reconciliation.
- Easter Celebration with Stuart Neill – Sunday, April 16 at 6:15 p.m.

Internationally acclaimed tenor soloist Stuart Neill sings classic hymns, sacred arias and art songs during this Easter evening concert celebration.

"As friends join together each week for worship services, these musical opportunities provide additional spiritual renewal and refreshment," said Randy Woods, minister of worship and music at The Village Church.

All concerts take place in The Village Auditorium, located at 15100 Shell Point Boulevard in Fort Myers. Non-refundable tickets are \$10 and are available online at shellpoint.org/seasonofpraise or by calling the church office at 454-2147.*

Pasta Night Saturdays

(Dine-In Only • 2 Drink Minimum)

10 Choices. \$10 Each.
(add soup or salad for \$2)

Lasagna
Baked Penne
Baked Ravioli
Manicotti
Eggplant Parm
Penne alla Vodka
Spaghetti with Meatballs
Spaghetti with Meat Sauce
Spaghetti with Sausage & Peppers
Spaghetti in Garlic & Olive Oil

\$3 Bottled Beer
\$7 Glasses of Wine
(Chef's Choice)
\$8 Caprese Salad

LaMotta's

ITALIAN RESTAURANT & PIZZERIA

EST. 1979

Welcome
Back Snowbirds!
Buon Appetito!!

Half Price Pizza

(Toppings are Extra)

Wednesdays & Thursdays

(Dine-In Only • 2 Drink Minimum)

5 to 9PM

\$3 Bottled Beer
\$7 Glasses of Wine
(Chef's Choice)
\$8 Caprese Salad

Gulf Point Plaza • 15660-225 San Carlos Blvd. • Fort Myers • Call for reservations 239.482.5505 • LaMottasItalian.com
Summer Hours: Tuesday - Friday 11AM to 9PM • Saturday 4PM to 9PM • Closed Sunday & Monday

Along The River

Music Walk will again provide live jazzy, bluesy, rock n' roll style tunes in the **River District** this Friday, October 21 from 6 to 10 p.m.

More than a dozen participating venues will feature music by local and regional talent. Restaurants, bars, art galleries and shops will showcase a wide range of music during Music Walk, which takes place on the third Friday of each month on the historic streets of downtown Fort Myers.

Visit www.fortmyersriverdistrictalliance.com/ to learn more.

Stick around the **downtown Fort Myers area** the following day on Saturday, October 22 for the **Car Cruise-In** from 4 to 8 p.m.

From classic to cool, downtown streets will be lined with the sight of these show cars on each fourth Saturday of the month. There will be music, food, drinks and more. The show is free to the public with many venues featuring additional specials.

The 5th annual Pink Out Sanibel & Captiva Islands – which this year will be known as **Picnic At The Pink Out** – will be held this Saturday, October 22 at **Sanibel Fire & Rescue District Station #1**, located at 2351 Palm Ridge Road. The Radiology Regional Center's Mobile Mammogram motor coach will visit Station #1 between 10 a.m. and 3 p.m., while a picnic-style celebration – including local



Spaghetti-eating contests will be featured at the Italian Fest

photo courtesy Rotary Club of Fort Myers

businesses showcasing their services, entertainment and dancing as well as an information booth for FISH of SanCap – will take place from 11:30 a.m. to 1 p.m.

During the event, donations for FISH – both monetary and canned goods for their food bank – will be accepted. A fundraising raffle will also take place.

The party is free for all to attend; food and refreshments are by donation.

To make an appointment for a mammogram during Picnic At The Pink Out, call 936-4068. For more information, visit pinkoutsanibel.com or Pink Out Sanibel's Facebook page.

Florida SouthWestern State College (FSW) will host the **Black Maria Film Festival** at 7:30 p.m. on Saturday, October 22 at the FSW Thomas Edison Campus, Rush Library Auditorium, Building J, Room 103.

Tickets are \$10 for the general public, \$8 for members of the Edison Ford Estates and \$5 for FSW students and faculty. Tickets (cash only) can be purchased at the door.

Founded in New Jersey in 1981 to honor Thomas Edison's pioneering spirit in cinema, the festival celebrates contemporary independent directors by showcasing short films. The collection travels across the nation to universities, museums and other venues.

The selected films hope to provide a platform to engage in meaningful and civil conversations about pressing issues of social justice. After each screening, students will facilitate a discussion.

Proceeds benefit the Santa Julia Women's Coffee Cooperative in Managua, Nicaragua. FSW's connection to Santa Julia was established by Dr. Bruno Baltodano, who traveled with students as part of a study abroad experience.

For more information and to view this year's films, visit www.blackmariafilmfestival.org. FSW is located at 8099 College Parkway in Fort Myers.

Bring an appetite to the **8th annual Italian Fest** at the Lee County **Alliance for the Arts** on Sunday, October 23 from 11 a.m. until 5 p.m.

Presented by the Rotary Club of Fort Myers, the festival provides an opportunity to celebrate one of America's favorite cuisine flavors and support the Harry Chapin Food Bank of Southwest Florida and the Rotary Club of Fort Myers Trust.

There will be live music, cultural experiences and enough food to make any Italian grandmother proud, served up by Southwest Florida favorites like Bruno's of Bellacino's Pizza & Grinders, LaMotta's, Little Pete's Food Truck, Mario's and Pizza Fusion.

The event will feature a spaghetti-eating contest for both children and adults, a full lineup of entertainment that runs from 11 a.m. until 5 p.m. and family activities like bocce, snag golf, corn hole, bounce houses, an obstacle course, face painting, and arts and crafts. Blankets and chairs are permitted, but no coolers.

Admission is free, but attendees should bring cash to sample the restaurants' offerings and for drink tickets. For more information, email office@rotary-fortmyers.org or call 332-8158.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers.

The **JN "Ding" Darling National Wildlife Refuge** will celebrate National Wildlife Refuge Week on Sanibel Island with **free admission to**

Wildlife Drive for biking and hiking traffic on Friday, October 21 during October's "Ding" Darling Days. The drive normally closes to all traffic on Fridays. It is still closed to vehicular traffic.

Besides hikers and bikers, special discounted tram tours are allowed in that day; the only Friday of the year public trams travel the drive. Tram passengers receive a 25 percent discount: \$6 for children for the 90-minute narrated tour. Reservations are recommended at 472-8900.

Admission to Wildlife Drive is free for vehicular as well as bike and foot traffic the following day, Saturday, October 22 – Conservation Art Day – when plein air artists will be painting along the drive. Arrive early to sign up for the free two-hour Photography Tram Tour that departs at 3 p.m.

For a full "Ding" Darling Days schedule, visit www.dingdarlingdays.com or call 472-1100.

"Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) sponsors "Ding" Darling Days with support from TBE, the U.S. Fish & Wildlife Service, and other private and business partners.

The **2016 Access To Technology Fair and Trade Show** will take place this Tuesday, October 25 from 9 a.m. to noon at **Holiday Inn, Fort Myers Airport**, located at 9931 Interstate Commerce Drive in Fort Myers.

Presented by the Florida Small Business Development Center (FSBDC) at Florida Gulf Coast University (FGCU) and event sponsor CenturyLink Business, the event is a no-cost technology fair specifically designed for commercial businesses (small to large), and governmental and educational entities.

The technology fair will include several vendors and experts exhibiting both the newest in hardware and software, including trending technology gadgets, cyber security options, government and commercial IT solutions, point-of-sale systems, server solutions for small to mid-sized businesses, customer relationship management and cloud computing. Most vendors will have give-away items and will participate in a free raffle, with prizes including software, gift cards and more.

Attendees are encouraged to register early due to space restrictions. For more information, visit www.fsbdcswfl.org or call 745-3700.

Shell Point Retirement Community is celebrating the life of America's first great woman composer and pianist.

This Tuesday, October 25 pianist and educator Gail Smith will hold a lively class from 10 to 11:30 a.m. at The Woodlands honoring **Amy Marcy Cheney Beach** (1867-1944). Presented by the Academy of Lifelong Learning at Shell Point, the musical journey will explore Beach's life and celebrate her 150th birthday with birthday cake.

Tickets are \$10 each and can be purchased by calling 489-8472.✧



The JACARANDA

Seafood • Steaks • Spirits

HAPPY HOUR
 DAILY 5 TO 7
 1/2 Price Drinks
 & Happy Apps



CHILDREN'S MENU AVAILABLE

Cocktail Lounge • Live Music

1223 Periwinkle Way • Sanibel Island • 239-472-1771

www.JacarandaOnSanibel.com

FORT MYERS FARE

COURTNEY'S CONTINENTAL CUISINE

Courtney's is a family business run by Executive Chef Dale, his wife Betty and their son, Courtney. The warm and welcoming bar is great for libations and lots of laughter. Relax in comfort with friends and enjoy discounted drinks and appetizers during happy hour, served from open to close daily. The dining room offers a wonderful dinner variety; if you're an early diner, be sure to check out the Sunset Dining Specials from 4 to 5:30 p.m. Summer hours are Tuesday through Thursday from 4 to 9 p.m. and Friday and Saturday from 4 to 10 p.m.

20351 Summerlin Road (across from Sanibel Outlets in Publix Sanibel Beach Place), Fort Myers. Call 466-4646

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well-known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 11 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.



From left, Courtney, Betty and Chef Dale from Courtney's Continental Cuisine

photo by Bob Petcher

IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone.

Il Cielo is located at 1244 Periwinkle Way on Sanibel and open Tuesday through Saturday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. Enjoy live piano music by Scott McDonald on Wednesday, Thursday, Friday and Saturday nights, beginning at 7 p.m.

Call 472-5555 for reservations.

IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old

world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m. 751 Tarpon Bay Road, Sanibel. Call 395-4022.

ISLAND COW

Where can you go when you're in the "moood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches. Now serving full liquor island cocktails!

2163 Periwinkle Way, Sanibel. Call 472-0606.

JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire Blues Band and Cruzan Vibes' reggae on the weekends.

The patio lounge menu includes a selection of "happy apps" starting at \$5.95 and half price drinks during happy hour, 5 to 7 p.m.

Dinner reservations are suggested. 1223 Periwinkle Way, Sanibel. Call 472-1771.

LAMOTTA'S ITALIAN RESTAURANT

LaMotta's Italian Restaurant & Pizzeria was established in 1979 and is one of the longest-running family eateries in the Fort Myers area. Chef Camelo LaMotta serves traditional Italian dishes such as chicken parmesan, lasagna, pizza and calzones as well as specialty creations like osso bucco, lobster risotto, pescatore and filet Florentine.

Try LaMotta's New York-style pizza, cooked in a 500-degree oven for the perfect crunchy slice. For specialized desserts, treat yourself to cannolis and tiramisu along with a cappuccino or coffee.

Summer hours include Tuesday through Friday from 11 a.m. to 9 p.m. and Saturday from noon to 9 p.m.; closed Sunday and Monday.

15660-225 San Carlos Boulevard, Fort Myers, 482-5505

SAKURA CHINATOWN

Sakura Chinatown Chinese and Japanese Restaurant is located within the Kmart Plaza in the Iona-McGregor area at 15271 McGregor Blvd suite 24 in Fort Myers. The restaurant offers both Chinese and Japanese cuisine and is open from 11 a.m. to 10 p.m. Tuesday through Sunday. Dine in or pick up. Delivery is available within a four-mile radius. Call 332-0888.✪


Courtney's
Continental Cuisine

HAPPY HOUR
Open - close Tue-Sat

239.466.4646

20351 Summerlin Rd • Ft Myers
Across from the Sanibel factory outlets...In the Publix plaza
www.courtneyscontinentalcuisine.com

**Sunset Dining
SPECIAL**

TWO DINNERS FOR

\$36

Includes 2 glasses of house wine or 2 soft drinks. Also includes choice of soup or house salad, potato, vegetable & hot bread with fresh herb olive oil.

Sunset Dining Menu Only

Valid from 4pm-5:30pm.

Must present coupon.

Not valid with other offers or discounts.
Not valid on Holidays. Exp. 10/31/16

ICHIBAN
Chinese & Japanese Cuisine



OPEN 7 DAYS A WEEK

Mon-Thurs 11am - 10pm
Fri-Sat 11am - 11pm • Sun 12pm - 9pm
www.ichiban-sushi-chinese.com

Downtown Fort Myers (Post Office Arcade - Next to Hotel Indigo)

1520 Broadway For **Takeout & Delivery** Tel: 334-6991

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA)

2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. www.allfaiths-uc.org

ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. annunciation.fl.goarch.org, 481-2099

BETH SHILOH

MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

CHABAD LUBAVITCH

OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 10:30 a.m. Website: www.taecc.com

COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937 Reverend Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

CYPRESS LAKE

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

CYPRESS LAKE UNITED

METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

FAITH FELLOWSHIP WORLD

OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m.

Nursery care for pre-school children and Children's Church ages 5 to 12 available.

FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison Estates. 10:30 a.m. Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. christiansciencefortmyers.net, christianscience.com

FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH

Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers.org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group. FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;

8210 College parkway, Fort Myers, 482-3133. Reverend Anton DeWet, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m. Friendship Time follows worship.

IONA-HOPE EPISCOPAL

CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

JESUS THE WORKER

CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

LAMB OF GOD CHURCH

A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www.lambofgodchurch.net. Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embarqmail.com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers

NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts.

NEW HOPE BAPTIST CHURCH

OF FORT MYERS

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org.

PEACE COMMUNITY CHURCH

Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. www.peacecommunitychurch.com.

PEACE LUTHERAN CHURCH

Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www.peaceftmyers.com, peace@peaceftmyers.com.

REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.

RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. Guided meditations, methods to relax body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. www.MeditationInFortMyers.org.

SAINT COLUMBKILLE

CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973. Father Lorenzo Gonzalez. Monday 6:30 p.m., Tuesday through Saturday 8 a.m.

SAINT FRANCIS XAVIER

CATHOLIC CHURCH

2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m.

SAINT JOHN THE APOSTLE

METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

SAINT MICHAEL LUTHERAN

CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

SAINT PETER LUTHERAN CHURCH

3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com.

Sunday worship service at 9:30 a.m.

SAINT NICHOLAS MONASTERY

Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www.saintnicholasmonastery.org.

ST. VINCENT DE PAUL

CATHOLIC COMMUNITY

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednsday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE

16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. Rabbi Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. www.tjsfwl.org.

THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

UNITARIAN UNIVERSALIST

CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org.

UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

UNITY OF FORT MYERS

1120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www.unityoffortmyers.org. Our God is Love, Our Race is Human, Our Religion is Oneness

WESTMINSTER PRESBYTERIAN

CHURCH (PCA)

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Pastor: Byron West. Sunday Services: 9:30 a.m. Discipleship Classes for all ages, 10:30 a.m. Fellowship & Coffee, 10:45 a.m. Corporate Worship.

WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Eductional Hour. www.zionfm.org ✠

'Ding' Darling High School Photo Contest Is Now Open

The 4th annual "Ding" Darling-Theodore Cross High School Photography Contest kicked off October 1, with a deadline of Sunday, January 15.

The competition invites high school students in Lee, Collier, Charlotte, Glades, and Hendry counties to compete for prizes that include a Canon digital SLR camera package, chartered class trips to the refuge, and copies of *Waterbirds: Portraits and Anecdotes from Birding Adventures* by contest namesake, the late Theodore Cross.

Cross, who lived part time on Sanibel and has family still on the island, marched with Dr. Martin Luther King Jr.; advised the Johnson and Nixon administrations on anti-poverty programs; wrote *Black Capitalism*, among other books; played a role in President Obama's election; and created *Birders United* – a birding website that ranked legislators according to their record of bird protection.

Late in life, Cross decided to indulge his love for birds and photography, and traveled the world collecting portraits and stories chronicling his adventures. He shot often at the "Ding," and numerous images in his book reflect his love for the refuge. Cross published his book in 2009 at age 85; he passed away in February 2010.

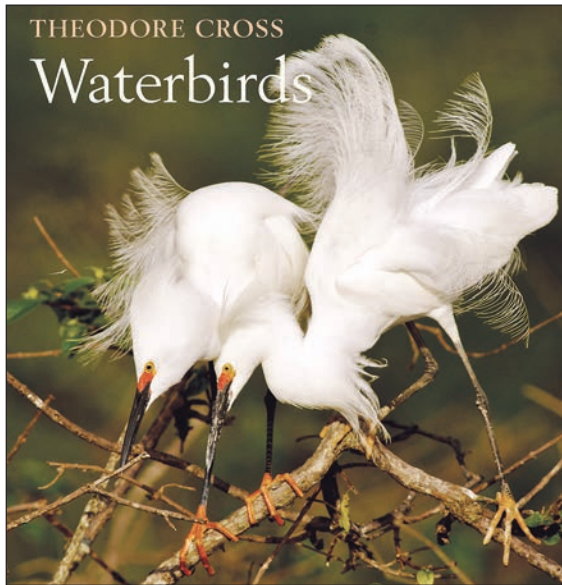
"The Theodore Cross Family Charitable Foundation has made possible this contest with a generous grant to the 'Ding' Darling Wildlife Society-Friends of the Refuge (DDWS)," said Birgie Miller, DDWS executive director. "We couldn't be more thrilled that they wanted their donation used in this way for a fourth year."

"We are so happy to be supporting a contest in my father's name, a contest that will get our youth involved with nature by looking at it – as my father so loved doing – through a camera lens," said his daughter Amanda Cross.

All entries and personal information must be submitted in digital format to: ddhsphotocontest@gmail.com, and include full name, high school, grade, and an original photograph taken of nature and/or wildlife in the open outdoors. Include a title for the photo and a written description (minimum 100 words) of the moment captured and how it reflects what nature and wildlife means to the photographer.

Entries must comply with the following requirements:

- High school students attending schools in Lee, Collier, Hendry, Glades and Charlotte counties in grades nine through 12 may enter.
- Only digital images are accepted and may be taken with any camera, including smartphones.
- Images must be in JPEG format and must have a size of at least 2000 x 1500 pixels or resolution of 2 megabytes.
- The photograph must be taken of nature and/or wildlife in the open outdoors in the state of Florida, which may include parks, refuges, backyards and other open spaces.
- Panoramic photos are not allowed.
- Filters, cropping, enhancements and boarders are permitted. However, adding any elements not existing in the original scene is not allowed. Judges, at their discretion, will disqualify any photos that appear to be manipulated beyond these guidelines.
- Each participant may enter up to two photos but is eligible to win only one award.



Theodore Cross' coffee-table book of bird portraits
photos courtesy DDWS

- Judging is anonymous. Do not place a name or anything that will identify the photograph.
- There are three judges: a refuge staff person, a professional photographer and a resident of the five-county region.
- Judging criteria:
 - Technical excellence, which includes sharpness, lighting, composition and exposure
 - Creativity
 - Explanation of photograph (minimum 100 words)
 - Photos become the property of the society and may be used by the society in any way with appropriate credit.

After the images have been submitted electronically, they will be printed out for judging.

The winners will have their images matted and displayed in the "Ding" Darling Visitor & Education Center.

For more information, visit dingdarlingsociety.org/photo-contests or call 472-1100 ext. 233.✪

Harmonizers Cabaret Show November 5

The Gulf Coast Harmonizers (formerly Cape Chorale), will hold the annual cabaret show on Saturday, November 5 at the German American Social Club, located at 2101 SW Pine Island Road in Cape Coral.

The show begins at 2 p.m. One highlight is a performance by the North Fort Myers High School Mixed Chorus.

"We are thrilled with the results from our past Cabaret performances and can't wait to do it again this year," said John Wickes, event chairman. "We are looking forward to a great time and raising money for the charities we support."

A portion of proceeds from all shows is donated to local charities such as the Lee Memorial Children's Speech Therapy Program, the Harry Chapin Food Bank and veteran's organizations.

For more information, contact John Wickes at 462-8444 or visit capechorale.org.✪

Il Cielo

1244 Periwinkle Way, Sanibel, FL 33957



A dynamic culinary experience in an elegant setting.

We pride ourselves in presenting unparalleled service, a splendid environment, and unforgettable cuisine.

Enjoy a romantic dinner of fresh Local Seafood, great Steaks, American Lamb, and Fresh from Florida Produce!

Sample our carefully curated wine list or one of our specialty cocktails.

Don't forget about our made-in-house desserts like the Lava Cake or the Key Lime Pie with a tasty twist!

Open Tuesday through Saturday 4:30pm until 9:00pm

For reservations call 239-472-5555
www.ilcielosanibel.com or www.opentable.com

Follow us on Facebook and Twitter @ilcielosanibel

Voted Best Fine Dining
2014 and 2015

Happy Hour every day from 4:30 to 6pm.

Enjoy live Piano music by Scott McDonald on Wednesday, Thursday, Friday and Saturday nights beginning at 7pm

CRAZY SANIBEL T-SHIRTS



Available at
T-Shirt Hut
and
Pak-n-Ship
or go to
Hortoon.com
(239) 454-1001



Enjoy The Fall Action



by Capt. Matt Mitchell

A full week of gusty northeast winds certainly did not slow down the fishing action. If anything, it did wonders to concentrate the fish and really kick

the fall bite into high gear. The most challenging part of a day spent on the water this week proved to be crossing rough water while keeping everyone dry and comfortable. At times, wind gusts exceeded 25 mph and had the sound really stirred up. During windy days, it was often just a matter of making that one short open water crossing to get tucked away. Then, we got to enjoying some crazy fishing action, with very few other boats or anglers out.

Once off the waters of the exposed bay – either on the eastern side of the sound or back in the mangrove creek systems – conditions were near perfect,

with great tide and lots of hungry fish. Live shiners had these fish fired up and coming out from the trees to explode baits on the surface better than I have seen in weeks. Snook, mangrove snapper, trout and even a few redfish were part of a usual day's catch. Shiner fishing deep in these mangrove creek systems is some of my favorite fishing action of the year.

Water temperatures have really cooled over the past week and are now in the high 70s to the low 80s. What might seem like a slight temperature drop has been just enough to start the seasonal relocation of snook from the beaches and passes where they summer to the backcountry. Dropping water temperatures are a sure sign to the fish that winter is on the way and it's time to start packing on weight and making that move changing to more protected waters. In years past, I don't recall catching so many snook in these areas until at least November or later.

Although windy days can be a grind for boaters, consistent wind direction is a good thing for fishing, often letting anglers take advantage of what can be a very predictable pattern. When both the wind and tide speed up water movement against a shoreline or channel, it will push the food to the fish, creating a feeding



Albert and the 25-inch redfish he caught while visiting Sanibel for his 80th birthday this week

Send Us Your Fish Tales

We would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to press@islandsunnews.com or call 395-1213.

CLEAR YOUR GEAR It Catches More Than Fish

Discard fishing line responsibly/in designated receptacles



**FLORIDA'S #1 SELLING
INSECT REPELLENT**

**NOO OOOO™
No-see-um**

- Locally owned and operated
- 100% natural ingredients
- Smells great
- Safe to use on kids
- Works on pets & horses
- Non-greasy or sticky formula
- Repels mosquitoes & most biting insects

Visit Our Website for Locations on Sanibel & Captiva Islands
WWW.NONOSEEUUM.COM

BOAT RENTALS

Fishing • Cabbage Key
Dolphin Watching
Captains Available

472-5800
Jensen's Marina
Captiva Island

ISLAND MARINE SERVICES, INC.

- NEW MOTOR SALES • REBUILT POWERHEADS •
- FACTORY TRAINED •

MERCURY – MARINER – JOHNSON – EVINRUDE
SUZUKI – YAMAHA – OMC – I/O'S – MERCURISER

Courteous Professional Marine Repair Service • Dockside Service
Serving Sanibel & Captiva For Life

472-3380 • 466-3344

**Your Bottom
Specialist
Call on Paint Prices**



Dave Doane

CROW Case Of The Week:

Burrowing Owl

by Bob Petcher



Burrowing owls (*Athene cunicularia*) are the only species of owl that lives underground, thus the specific name. The smallest owls in North America at roughly 10 inches tall reside

in burrows that have been dug out by ground squirrels, prairie dogs and other small mammals. Their distinctive look includes brown spotted feathers, long legs, white eyebrows and bright yellow eyes.

Burrowing owls can be found in much of the United States, Canada, South America and the Caribbean Islands. However, they are declining in population.

While owls are known to be nocturnal, burrowing owls are active during the day. They can be located in agricultural areas, such as grasslands and rangelands, and in deserts or other open dry areas with low ground cover. Other dissimilarities between the night owl and the burrowing owl include gender size, where the sexes of the burrowing owl are similar in size, unlike the night owl where the female is larger; and limb size, where the smaller burrowing owl actually has longer legs than the night owl. Those longer legs

enable the ground owl to sprint when needed. That is quite a comical sight to witness.

Burrowing owls do hunt at night however. They possess the same advantageous night vision and acute hearing as their night owl cousin.

At CROW, a juvenile burrowing owl was brought in from Cape Coral with a wing injury as a result of possibly being hit by a car. X-rays from the mid-June injury showed a fracture in the right wing, and surgery was required to place a pin in the fracture site. After surgery, the owl received physical therapy and continued to gain weight and eat well on its own by enjoying a diet of small mice. Unfortunately, the wing did not heal fully due to the seriousness of the injury, and the owl could not be released. Because it was non-releasable, CROW officials decided that the owl would become an animal ambassador.

The second chance at life as an animal ambassador allows some animals to aid in educational programming.



Patient #16-2135 is now CROW's latest animal ambassador

photo by Kenny Howell

The new addition will join four other animal ambassadors at CROW: Lola, an American kestrel; Sneezy, a Virginia opossum; Bashful, another Virginia opossum; and Shelldon, a gopher tortoise.

The new ambassador is currently being trained by animal rehabilitators, an approximately six-month process, while being introduced daily to guests in the visitor education center. Starting Monday, October 24 through Friday, October 28, CROW will be celebrating Halloween owl style. Owl-O-Ween week will feature daily crafts, snacks and discounts on owl merchandise in the gift shop. Guests will have the opportunity to meet and help name the burrowing owl ambassador.

The winning name will be revealed on Halloween on CROW's Facebook site.

CROW Education Coordinator Rachel Rainbolt stated the owl will reside in a new enclosure in the CROW gift store. The enclosure will feature "a burrow that it can go to if it feels uncomfortable around people or needs some time away." Rainbolt said the owl requires natural light, something the gift store provides but not the visitor education center.

"Since it is a new animal ambassador it will still be in training and getting used to guests, so for now it will remain in the enclosure," she said. "In the future, it will be featured at our presentations and offsite events just like our other ambassadors."

Education through ambassadorship is essential to CROW's mission.

"Have a burrowing owl as an Animal Ambassador is very exciting. They are a unique animal, and we are fortunate to have the largest population of Florida burrowing owls in the world," said Rainbolt. "Education is a core part of our mission, and this new Animal Ambassador will continue to make learning about local wildlife exciting for guests."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*

"Top 5 Breakfast in Florida" - Southern Living

BEST LUNCH & BEST FAMILY DINING



Now Serving **FULL LIQUOR**
Tropical Cocktails

Happy Hour
All Day Long

11 YEARS & COUNTING!

by Best of the Islands

Live Music &
Outdoor Games

Fresh Seafood &
Dinner Specials

Huge Kids
Menu



BREAKFAST, LUNCH & DINNER

239.472.0606 • SanibelIslandCow.com

Open 7 am - 9 pm • Open "8 Days a Week"

2163 Periwinkle Way • Sanibel Island



Seapurslane



Native seapurslane is a low-maintenance groundcover that endures full sun, drought, salt and nutrient-poor soil

photos by Gerri Reaves

by Gerri Reaves

Seapurslane (*Sesuvium portulacastrum*) is a native low-growing perennial groundcover that typically reaches less than a foot tall. This member of the ice-plant, or carpetweed, family is found in the wild on beaches and dunes and in salt flats and muddy areas farther inland. Other names include shoreline seapurslane and perennial seapurslane.

This succulent wildflower is highly salt tolerant, multi-branched and mat-forming, so it's useful in stabilizing beach landscapes.

Fleshy reddish-green stems creep along the ground or over rocks, growing eight to 20 inches long.

The opposite leaves are spatulate or oblong and one-half to two inches long.

Single star-like flowers of less than an inch across bloom year-round, opening only a few hours per day.

They are petal-less but have five pointed sepals with purple or pink interiors and green exteriors. At the flower's center are numerous stamens.

The fruit capsule contains many glossy black seeds.

Give this hardy plant full sun and well-drained soil. It has a moderate to fast growth rate, high drought tolerance and will grow in nutrient-poor soil.

Seapurslane can be eaten raw, pickled or cooked. Its strong salty taste must be diluted by cooking in water more than once.

It has been used to treat vitamin-C deficiency and is cultivated in Eastern Asia as a vegetable. The crushed leaves are used to treat wounds caused by poisonous fish.

Propagate it with seeds or cuttings.

Sources: *Everglades Wildflowers* by Roger L. Hammer, *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, *National Audubon Society Field Guide to Florida* by Peter Alden et al., *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *Waterwise* by SFWMD, *Wild Plants for Survival in South Florida* by Julia F. Morton, edis.ifas.ufl.edu and regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.✧



The star-like flowers are actually sepals with pink interiors



Sanibel Marina





Gramma Dot's

Ireland Yacht Sales

"Dedicated to Yachting Excellence"

Gramma Dot's

SANIBEL THRILLER CRUISES



SEASIDE DINING

Taste of the Islands "People's Choice Award"
Winner Seven Continuous Years

Lunch & Dinner
472-8138

SANIBEL MARINA

634 N. Yachtsman Drive • www.sanibelmarina.com



- Sanibel and Captiva Islands' Most Exciting Boat Tour
- Circumnavigating Sanibel & Captiva Islands with Dolphins

239.472.2328 • www.sanibelthriller.com

Reservations are required • Also Available for Private Charters
Departing from Sanibel Marina
634 N. Yachtsman Dr. • Sanibel Island




Boating Course

The San Carlos Bay Sail & Power Squadron, a unit of the United States Power Squadrons that serve South Fort Myers, Fort Myers Beach, Bonita Springs and Estero, will offer America's Boating Course on two Saturdays, November 5 and November 12 from 8:15 a.m. to 12:30 p.m.

The course is recognized by the National Association of State Boating Law Administrators. Florida recently passed legislation requiring anyone born after January 1, 1988 to pass a safe boating course and obtain a boating safety education ID card, which is valid for life, in order to operate a boat with more than 10 hp.

Each student will receive a card/certificate from the Florida Fish and Wildlife Commission upon completion of the two-day class.

Topics covered include hull design, docking, anchoring, handling boating emergencies, reading channel markers and more. Successful completion of the course entitles the boater to a six-month free membership in the United States Power Squadrons with the purchase of a 12-month membership.

The two-day course will also be offered on Saturday, December 5 and December 12 from 8:15 a.m. to 12:30 p.m.

The cost is \$60 with a \$20 fee for a second person sharing the instruction materials. The cost includes lunch after the second Saturday class.

The classroom is located at 16048 San Carlos Boulevard at the corner of Kelly Road (across from ACE Hardware) in Fort Myers.

Register online at scbps.com or call 466-4040.✱



FGCU and FSW students spent their morning volunteering to remove trash and debris from Billy's Creek and the surrounding area at a previous cleanup photo courtesy FGCU

Volunteers Invited To Help Clean Up Billy's Creek

Caloosahatchee Riverwatch will host a cleanup of Billy's Creek on Friday, November 4 from 9 a.m. to noon at Shady Oaks Park, 3300 Marion Street in Fort Myers. Volunteers are welcome.

Billy's Creek has its beginnings as meandering water from a canal and is unique in that it is a scenic urban waterway. Joint efforts to improve

water quality from various government agencies allowed the construction of the Billy Creek Filter Marsh and adjacent nature park.

The water that flows through Billy's Creek is filtered through marshes before making its way into the Caloosahatchee. The Caloosahatchee is in the top 10 of the most imperiled rivers in the U.S. In an effort to protect this water, the Riverwatch group's focus is on cleaning up the area while providing educational opportunities to volunteers and the surrounding

community on the importance of filter marshes, and the proper disposal of trash and recyclables.

It doesn't matter what you call it, trash, litter, aquatic debris or junk, it is dangerous to the public's safety, to wildlife, to the economy, and most importantly, the water. Aquatic debris is also a threat to recreational activities such as swimming, boating and fishing. Wildlife is harmed each year because they mistake litter and plastic debris for food or become entangled in ropes and lines.

During the cleanup, participants take action against pollution and get dirty to help these areas stay clean. They see firsthand the negative effects that litter has on rivers, creeks and marshes.

Sponsors include: Caloosahatchee Riverwatch, Lee County Mosquito Control District, Charlotte Harbor National Estuary Program, American Rivers, city of Fort Myers, Keep Lee County Beautiful, Wright Construction Group, Lee County Solid Waste and Hans Wilson & Associates.

To learn more, volunteers should visit <http://fdnudo.wixsite.com/billycreekcleanup>.✱

To advertise in
The River Weekly News
Call 395-1213

From page 1

Diverse Exhibit

throughout Southwest Florida and the U.S.

Goldey is a self-taught artist who was born in Lexington, Kentucky in 1969. He spent many years in Nashville, Tennessee, where he developed his unique style using pen, pencil and ink, and later on, acrylic. He currently lives in Fort Myers. Goldey's influences are Salvador Dali, Piet Mondrian and Wayne White. He has exhibited in Fort Myers and at Fashion Week in Naples. Goldey's art is considered minimalist chaos, a combo of op surrealism and modern abstract. Most of what he creates with pen, pencil or ink starts with a dot and grows from there. He never knows what will come next.

For more information, call 337-5050 or visit artsforactgallery.com.

Arts for ACT Gallery is located at 2265 First Street in downtown Fort Myers.✱

No Coolers • Lawn Chairs Welcome

CROW'S
35th ANNUAL
OF THE ISLANDS
TASTE
SANIBEL • CAPTIVA • 2016

Sunday, November 13
12p.m. to 5p.m.
Sanibel Community Park

Adults \$5
Kids 12 & under Free
Presenting Sponsor

Edison NATIONAL BANK **Bank Of The Islands**

Featuring
Sanibel & Captiva Restaurants

Gold Sponsors
Wayne & Linda Boyd

Coral Veterinary Clinic, P.A. **JENSEN'S MARINA & COTTAGES**

Silver Sponsors
Galloway SUNCOAST BEVERAGE
TSO Island Condo Maintenance
The Silverman Organization, Inc.

Lead Media Sponsor
abc 7

Supporting Media Sponsors
THE RIVER The News-Press **media group** **COASTE**
happenings **Chronicle** **Islands** **FLORIDA WEEKLY**

Live music performed by Pocket Change
Top 40, Funk, R&B and much more!

CROW
Clinic for the Rehabilitation of Wildlife

Saving wildlife through state-of-the-art veterinary care, research, education and conservation medicine
Visit us Monday through Friday, 10 a.m. to 4 p.m. For more info, visit www.CrowClinic.org

The JACARANDA

Sophisticated Dining • Raw Bar • Screened Patio

10% off Entire Check or Free Bottle of Wine
25.00 Value

With the purchase of 2 entrees. Must have coupon and reservation.
Not Valid with Any Other Offer. One coupon per table. Expires 10/31/2016. 18% Gratuity Added before Discount



Cocktail Lounge • Live Music
1223 Periwinkle Way • Sanibel Island • 239-472-1771
www.JacarandaOnSanibel.com

Celebrating A Century Of Caring



From left, Lee Health President Jim Nathan and retired, long-time employees Annie Kendrick (55 years) and Harriet Powell (40+ years)

State and local elected officials, community partners, current and former administrators, physicians, staff, volunteers and patients celebrated the 100th anniversary of Lee Memorial Health System (LMHS) on October 5 on hospital grounds.

Lisa Sgarlata, chief administrative officer of Lee Memorial Hospital, served as mistress of ceremonies.

The celebration featured board of directors chairman Sanford Cohen, MD, who shared the health system's history and the role the community played in its success. Jim Nathan, president, recognized the people – doctors, employees, volunteers, community partners and patients – who helped the system grow and evolve to meet the needs of the community. Reverend Cynthia Brasher, Lee Health system director of spiritual services, led a rededication of services. Florida Senator Lizbeth Benacquisto, as well as other legislators and city councils, commemorated the anniversary with a host of proclamations and resolutions.

While the event celebrated the past, the health system also unveiled plans for the next century.✧



From left, Jim Nathan, Lee Health board of directors, Secretary Therese Everly, Lee Health Board of Directors Vice Chairwoman Donna Clarke, Gulf Coast Medical Center Chief Administrative Officer Josh DeTillio and Lee Health Chief Operating Officer Larry Antonucci, MD



Back from left, Fort Myers City Councilman Forrest Banks, Sanibel Island Councilman Chauncey Goss, Fort Myers City Councilwoman Gaile Anthony; front from left, Fort Myers Mayor Randy Henderson, Lee Memorial Hospital Chief Administrative Officer Lisa Sgarlata and Florida Senator Lizbeth Benacquisto



Lee Health Board of Directors Sanford Cohen, MD, chairman, and David Collins, treasurer



Trauma surgeon Nelayda Fonte, DO and Lee County Sheriff pilot and trauma survivor Lonnie Carson



From left, Gulf Coast Medical Center volunteers and auxilians Vivian Landis and Mary Calloway, Community Concerts Director Don Fjellin and longest-serving Lee Memorial auxilian Christie Knudsen

New Global Softball Partnership

Lee County has announced a global softball development initiative between USA Softball, World Baseball Softball Confederation (WBSC) and European Softball Federation (ESF) that provides opportunities for European players and coaches to improve their skills in the U.S. during the off-season.

This new partnership recently resulted in hosting Sweden's national softball team for a week-long team training camp, bringing in six pitchers and two catchers to train at the City of Palms Park in Fort Myers.

"With close proximity to an international airport, a variety of sporting venues to fulfill different needs, and local attractions and amenities abounding, Lee County serves as a great sporting destination for international teams," said Jeff Mielke, executive director of Lee County Sports Development. "This global partnership provides an opportunity to draw in athletes and coaches from around the world to see what Southwest Florida

sporting is all about, and we look forward to hosting the talented team from Sweden at the City of Palms Park."

"We are so excited to be coming to Fort Myers to breathe and get the feeling of great fields, great weather and a lot of softball," said Mattias Grimstoft, head coach of Sweden's national softball team. "It's a dream come true for us."

"The softball division of the WBSC is grateful for the partnership and support that Lee County is providing our member federations," said Ron Radigonda, executive director of World Baseball Softball Confederation - Softball Division. "Florida and Lee County offer an opportunity to expand training time for our national federations, especially those located in the Northern Hemisphere by allowing on-the-field training time that would not be available due to weather in their home countries. Lee County has proven to be a great destination location for our national federations and I see a strong and long lasting partnership between Lee County and the softball division of the WBSC."

"Developing and promoting the game internationally is an important mission for USA Softball," said USA

Softball Executive Director Craig Cress. "With the reinstatement of softball into the Tokyo 2020 Olympic Games, it's vital for USA Softball to continue our efforts in growing the game globally. Partnerships with cities, sports commissions and CVBs, such as Lee County, allow us to continue our efforts in providing international teams the opportunity to train with resources they may not have had otherwise. A lot goes into training camps for international teams, from the training facilities and weather all the way to housing and amenities for the athletes, coaches and staff. We have a long relationship with Lee County, and know that their efforts in providing this training opportunity for Team Sweden will only help further the team's future international success."

In recent years, ESF and USA Softball have partnered to present a team adoption program for European countries with a goal to assist growth among ESF members through equipment collecting, coaching clinics and materials, player enhancements, team participation in U.S. tournaments and umpire development. This partnership has been successful in other areas, specifically the St. Petersburg and Clearwater areas through the St. Petersburg/Clearwater Sports

Commission.

Michele Smith, a two-time Olympic softball champion, has been a key player in building relations within St. Petersburg and Clearwater, and now with Lee County, and will serve as a host to the Sweden team during their stay in Lee County. ESF will also be extending an opportunity for Lee County to be a sponsor at the organization's next congress in 2017 in Belgrade, Serbia.

"The expansion of the partnership to Lee County provides the European Softball Federation and its members an avenue to strengthen the sport of softball in Europe by providing opportunities for athletes, coaches and others interested in growing the sport worldwide," said Ami Baran, secretary general of ESF. "We consider this relationship a pilot project that will eventually grow into a larger cooperation with WBSC. We are sure that this cooperation between ESF and Lee County will eventually expand to the other worldwide confederations as it has done with Smith and the St. Petersburg/Clearwater Sports Commission."

For more information, call 533-5273 or visit leegov.com/sports.

WAHOO! Celebrating 38 Years of Fresh Fish On Sanibel!



"Shrimp Anniversary" with Opening Day Shrimp Prices!!!

\$9.95 Shrimp Dinners!

Mon, Oct 24th - Shrimp Scampi • Tues, Oct 25th - Baked Stuffed Shrimp

Wed, Oct 26th - Crunchy Shrimp • Thurs, Oct 27th - Coconut Shrimp

In addition, 2 Dinners for \$38 from 10/24 - 10/31*

*Call 472-3128 for details

\$1 oysters at The Oyster & Sushi Bar 4-6pm Thursday-Saturday

"We serve it fresh...."



Friday is Lobstah Night!

STONE CRABS ARE BACK!!!



Serving Fresh Fish Since 1978

...or we don't serve it at all!"



38 Years of Fresh Fish on Sanibel Island!

Happy Hour Daily
4:00pm - 6:00pm & 10:00pm - Midnight

Grill Open Mon-Fri 4:00pm - Midnight
11:30 am Saturday & Sunday

13 Dinners for \$15,
before 6:00pm • 7 days

Restaurant Open 7 Days 4:30pm - 9:00pm

Oyster Bar Open Thursday - Saturday
Fish Market Open at 11am - 9pm (2pm - 9pm Sunday)

472-3128 • 703 Tarpon Bay Road • www.timbersofsanibel.com

*Winner Best Seafood 2010-2016

NEW MENU!

MATZALUNA
CRAFT BEER • PIZZA • PASTA



Check out our rotating selection of Local Craft Draft Beers!

matzaluna.net

HAPPY HOUR
4:30-6:30
7 DAYS

\$2.50 OFF

The purchase of each adult entree.

Present this ad to your server.
Must be seated prior to 5:30 p.m.
Not valid on Pizza or with any other coupon or discount.
Expires 10/26/16

1200 Periwinkle Way (239) 472-1998 Full Liquor
Open 4:30-9:30 pm 7 days • Take Out Available • Gluten Free Pasta

Woods' Tournament Withdrawal Raises Questions Whether His Competitive Days Are Over



by Ed Frank

Our hopes for a Boston Red Sox World Series vanished when they were swept by the Cleveland Indians in divisional play. But we're not going to write about this disappointment this week.

We could write about two Florida football teams in the Top 20 – No. 13 Florida State at 5-2 and No. 15 Florida at 5-1 – but not this week. Nor are we going to discuss the Miami Dolphins surprising 30-15 defeat of the Pittsburgh Steelers last Sunday.

Instead, we're going to digress to a completely different question: will Tiger Woods ever return to competitive golf?

Absent from the PGA tour for more than a year, Woods – after committing to last week's Safeway Open – pulled out at the last minute, saying his game was not yet ready for tournament competition.

Say what you want about Tiger, he is still a big-name attraction to golf, and you can be sure the tournament sponsors did not appreciate his sudden withdrawal.

He now says he hopes to play in December's Hero World Challenge in the Bahamas, an event limited to just 18 golfers. There have been reports that he prefers a tournament with a small field in a location where the crowds will not be large for his first tournament after his long absence. Another plus is the fact that the tournament benefits the Tiger Woods Foundation.

ESPN senior writer Michael Collins said recently that if Tiger's health is the reason he doesn't compete in December, then "we would have to start thinking about the end of the Tiger Era forever."

But here's a take on another aspect of his career if his playing days are over:

Many, many famous golfers have made millions designing golf courses. Jack Nicklaus has a worldwide business, as did the late Arnold Palmer and others.

There was a report in the *Chicago Tribune* that Woods has recently visited a site on the South Side of Chicago near the location of the planned Obama Library, where a golfing mecca could be built by combining and redesigning two old existing courses.

While the project is not a done deal, it certainly is a strong possibility particularly if the golf-loving president gets aboard.

Tiger is relatively new to the golf course design and construction field. His design of a course in Mexico has been well received.

So it's a safe bet that the name of Tiger Woods will remain synonymous with golf be it competitively on the PGA Tour or designing and building golf courses.

Everblades Sweep Greenville In Season Openers

The Florida Everblades hockey team began their 19th season in franchise history last weekend with a two-game sweep of the Greenville Swamp Rabbits at Germain Arena.

Florida defeated Greenville 3-2 on Friday night in the season home opener and returned with a 5-3 victory on Saturday.

The Everblades visit the Orlando Solar Bears tonight, Friday, before returning to home ice next weekend with Friday and Saturday night games against the South Carolina Stingrays.

The puck drops at 7:30 p.m. next Friday and 7 p.m. on Saturday.✱

SPORTS QUIZ

1. In 2015, Edwin Encarnacion tied a Blue Jays record with nine RBIs in a game. Who else held the mark?
2. Who holds the major-league record for homering from both sides of the plate in the same game the most times in a career?
3. How many of Brett Favre's 20 NFL seasons were spent with the Green Bay Packers?
4. When was the last time before 2015 (Kentucky) that UCLA's men's basketball team beat the nation's No. 1 ranked team?
5. In 2016, Pittsburgh's Matt Murray tied an NHL record for most wins by a rookie goaltender in the postseason (15). Who else holds the record?
6. Who was the last NASCAR driver before Matt Kenseth (2015-16) to win consecutive Cup races at New Hampshire?
7. Name the male tennis player who is the only five-time winner of the Queen's Club Championships, a yearly warm-up event for Wimbledon.

ANSWERS

1. Roy Howell had nine RBIs in a game in 1977. 2. Mark Teixeira and Nick Swisher, with 14 each. 3. Sixteen of Favre's 20 NFL seasons were with the Packers. 4. It was 2003, when the Bruins beat top-ranked Arizona. 5. Patrick Roy (1986), Ron Hextall (1987) and Cam Ward (2006). 6. Kurt Busch, in 2004. 7. Andy Murray, who won in 2009, '16, '13, '15 and '16.



Winners in each division will qualify for the Tournament of Champions in 2017

photo courtesy Lee County Sports Development

Lee County Hosting Senior Softball Championships

Lee County will host Senior Softball-USA's (SSUSA) 16th annual Winter National Championships, taking place Tuesday, November 1 through Sunday, November 6. Teams will compete at top-notch softball complexes throughout Lee and Collier counties, including the CenturyLink Sports Complex in Fort Myers, the Northwest Softball Complex and Cape Coral Sports Complex in Cape Coral, and North Collier Regional Park in Naples. Men's 65, 70, 75, 80 and 85 divisions will compete November 1 to 3 and Men's 40, 50, 55 and 60 divisions will compete November 4 to 6. Winners in each division will qualify for the Tournament of Champions, taking place in Florida in 2017.

More than 150 teams from across the country are anticipated to compete in the tournament. Last year's event generated more than 6,000 hotel room nights and \$1.8 million in direct visitor spending.

"We are honored to once again host the annual Winter National Championships here in Southwest Florida," said Jeff Mielke, executive director of Lee County Sports Development. "Our 15-year partnership with SSUSA has resulted in many great tournaments for sports lovers and the community to enjoy, and we look forward to another excellent competition."

"Lee County provides the perfect environment for our first premier Senior Softball Tournament of the season," said Terry Hennessy, SSUSA's chief executive officer. "Great fields, perfect weather and large divisions for the best competition east of the Mississippi River."

For more information, visit SSUSA's website at www.seniorsoftball.com.✱



HOLTZ • MAHSHIE • DeCOSTA
ATTORNEYS AT LAW



JASON HOLTZ



ELIAS MAHSHIE



CHRIS DeCOSTA

Real Estate • Business Law • Commercial Litigation

Offices in Sanibel, Fort Myers & Punta Gorda
Phone: (239) 931-7566 • Fax: (239) 931- 7560
Email: info@hmdlegal.com • www.hmdlegal.com

Properties Recognized For Best Practices

The Florida Superior Small Lodging Association (SSLA) recently announced 14 Lee County hoteliers have successfully qualified for the SSLA designation. The SSLA certification is a statewide hospitality recognition program.

In addition, 10 of the 14 total SSL properties inspected by the Property Review Program qualified to receive the Donal A. Dermody White Glove Award for best practices in housekeeping. Properties must receive a score of 100 percent for all components of the housekeeping inspection to be eligible to receive the award.

All 125 statewide members of SSL automatically become members of the Florida Restaurant & Lodging Association. Additionally, members with restaurants also become members of the National Restaurant Association.

Eligibility for participation in the Lee County SSL program is restricted to accommodations with 75 room units or less. Properties must hold a valid hotel, motel, inn or bed and breakfast license and pay all applicable state and local taxes related to the operations of an accommodation.

The SSLA inspection program and designation is designed to provide travelers

with an easily identifiable symbol to demonstrate that the accommodation is clean, safe and a well-managed small lodging.

The passing grade for an unexpected inspection in the program is 82 percent and is based on a comprehensive review of six different property attributes: registration/operations/public places, guest accommodations, bathrooms, bathroom supplies, kitchens and property exterior.

Lee County properties recognized by the hospitality recognition program in Bokeelia, Cape Coral, Fort Myers and St. James City include:

- Casa Loma Motel
- Legacy Harbour Hotel & Suites – White Glove Award
- Tarpon Lodge – White Glove Award
- Two Fish Inn – White Glove Award
- On Fort Myers Beach:
 - Beach Shell Inn – White Glove Award
 - Gulf Breeze Condos – White Glove Award
- Award
 - Manatee Bay Inn – White Glove Award
- Award
 - Matanzas Inn
 - Silver Sands Villas – White Glove Award
- Award
 - On Sanibel and Captiva Islands:
 - Gulf Breeze Cottages
 - Mitchell's Sand Castles – White Glove Award
- Award
 - Shalimar Cottages – White Glove Award
- Award
 - Signal Inn
 - Waterside Inn – White Glove Award.✱

Legal Clinic For Veterans And First Responders

In partnership with the Invest in America's Veterans Foundation and Florida Rural Legal Services, the Lee County Bar Association (LCBA) will present the 2nd annual Veterans and First Responders Legal Clinic from 10 a.m. to 2 p.m. on Saturday, October 29 at the Southwest Florida Military Museum and Library, located at 4820 Leonard Street in Cape Coral.

The pro bono committee of the LCBA invites veterans, active military personnel, police officers and firefighters to receive free legal advice on matters including real estate/property, family law, estates and trusts, veterans' benefits and Social Security benefits. The clinic is free of charge for attendees with valid identification and no registration is required.

In addition to legal advice, attendees will have the opportunity to learn about the services provided by the foundation.

The clinic is spearheaded by LCBA President-elect Kelly Fayer. A volunteer appreciation lunch will be sponsored by Brad Jessen, a financial advisor at Edward Jones and U.S. Navy aviator from 1992 until 2013, now retired.

According to the foundation's founder and president, Ralph Santillo, "There is never enough help in the legal field available to veterans who are living on limited incomes."

The LCBA's Pro Bono Committee develops and expands activities to provide access to the justice system for clients who are unable to pay for attorneys' services. For more information, visit leebar.org or call 334-0047.✱

UNDER NEW OWNERSHIP



**ISLAND
INSURANCE
SERVICE**





Mark O'Brien
Owner/Agent

Susan Barnes
Personal Lines

Trish Barbone
Agent

We are **HERE**
for all your insurance needs

Have an insurance question?

Call our office today
for a new Auto
quote.

703 Tarpon Bay Rd, Sanibel, FL (239) 472-3022

Financial Advisor Appointed To Regional Leader

Jennifer Basey, with financial services firm Edward Jones, was recently promoted to regional leader for Southwest Florida. In her new role, Basey will be responsible for the firm's regional branch offices while continuing to help the people of her community with their investment needs.

Basey was assigned regional leader by senior management because she is a successful, respected veteran financial advisor who volunteers her time to advance the overall health and growth of the region. She oversees the acclimation of new financial advisors to Edward Jones as well as coordinates regional events and meetings where financial advisors come together to share ideas and encouragement, and to learn from everyone's successes.

Basey has been in the financial industry with Edward Jones for more than 12 years. Prior to her career with Edward Jones, she worked in accounts receivable for Publix Supermarkets as a supervisor. She earned a bachelor of arts in mathematics education and business administration from Florida Southern College. She is a certified financial planner and Accredited Asset Management Specialist (AAMS).

She volunteers in her church to help teach elementary age girls, and leads a women's group. In 2008-2009,



Jennifer Basey photo provided

Basey chaired the Greater Fort Myers Professional Networking Group and continues to work in the community connecting people. She also volunteers her time to mentor other financial advisors in her firm and founded the FAB group for female advisors and brokers in Southwest Florida.✱

Only Cleaner
On The Island
With
Full-Time
Tailoring



La France
Dry Cleaning & Alterations

Free
Pick-up
&
Delivery
Service

5-Star Linen Service
We Press Sheets!!!!

**ALTERATIONS
&
DRY CLEANING**

2496 Palm Ridge Road #C
Sanibel, FL 33957
239.579.0251

8750 Gladiolus Drive
Fort Myers, FL
239.481.1954

2809 Cleveland Ave
Fort Myers, FL
239.334.6406

Marketing Firm Celebrating 25 Years

Susan Bennett Marketing & Media, LC, is celebrating its 25th anniversary of helping Southwest Florida businesses and nonprofit organizations. Susan Bennett, an accredited and certified public relations professional with more than 35 years' experience, founded the Fort Myers-based company that carries her name in 1991.

Since that time, the company has garnered more than 200 awards from the Florida Public Relations Association, including the organization's highest honor for the best public relations campaign in the state.

Bennett attributes her firm's longevity to its passion for helping others and its deep connections within the community that have been fostered over her long career.

"We owe our success to the strong relationships we have formed with our clients, most of whom have been with us for 10 or more years, as well as our creative partners who help us design marketing, media and fundraising plans that get results," Bennett said. "Our clients' goals become our goals and we work tirelessly to help them achieve those results."



Susan Bennett photo provided

Bennett is the founder of the Grande Dames Tea for the PACE Center for Girls, Laughter Is the Best Medicine Comedy Night for SalusCare, Inc., and the Founders' Society of the Southwest Florida Community Foundation, among others.

Bennett estimates that her firm has donated more than \$1 million in in-kind professional assistance to area nonprofits, and helped raise more than \$70 million for area nonprofits and capital campaigns.

"Be good, do good and goodness will follow is my motto," she said.✧

Author to Address Mental Health Symposium

Author and mental health advocate Dottie Pacharis is the new keynote speaker for HOPE Clubhouse of Southwest Florida's annual mental health educational symposium titled Food for Thought: Feeding the Mind, Body and Soul. The symposium will be held on Monday, October 24 from 11 a.m. to 2 p.m. at the Broadway Palm Dinner Theatre, located at 1380 Colonial Boulevard in Fort Myers.

Miss District of Columbia and mental health advocate Haely Jardas, originally slated as keynote speaker, is taking time to mourn the loss of her brother, Cpl. Thomas Joseph Jardas, who lost his life on a U.S. Marine Corps training mission.

Pacharis is the author of *Mind on the Run – A Bipolar Chronicle*, based on her son's struggle with bipolar disorder, which resulted in his death. She has channeled her grief into advocacy for greater funding for research and support for those living with mental illness and their caregivers.

Additional speakers include the Hon. H. Andrew Swett, 20th Judicial Circuit Judge and founder of the Lee County Mental Health Court, Fort Myers psychiatrist Dr. Omar Rieche and HOPE Clubhouse



Dottie Pacharis photo provided

member Cindy Bishop. Cindy McCurry-Ross, *News-Press* executive editor and vice president of content, will serve as emcee.

Tickets are \$50, including a buffet lunch and can be purchased at HopeClubhouse.org or by calling 267-1777. Continuing Education Units can be earned for qualifying professionals in attendance. Individuals may sponsor a HOPE Clubhouse member to attend the symposium for \$50.✧

Financial Focus

Save For Retirement



by Jennifer Basey

It's National Save for Retirement Week – so take action

Congress has dedicated the third week of October as National Save for Retirement Week. Clearly, the government feels the

need to urge people to do a better job of preparing for retirement. Are you doing all you can?

Many of your peers aren't – or at least they think they aren't. In a recent survey conducted by Bankrate.com, respondents reported that "not saving for retirement early enough" was their biggest financial

regret. Other evidence seems to show they have good cause for remorse: 52 percent of households age 55 and older haven't saved anything for retirement, according to a report from the U.S. Government Accountability Office, although half of this group reported having a pension.

Obviously, you'll want to avoid having either financial regrets or major shortfalls in your retirement savings. And that means you may need to consider making moves such as these:

• **Take Advantage Of All Your Opportunities.** You may well have access to more than one tax-advantaged retirement plan. Your employer may offer a 401(k) or similar plan, and even if you participate in your employer's plan, you are probably still eligible to contribute to an IRA. You may not be able to afford to "max out" on both plans, but try to contribute as much as you can afford. At the very least, put in enough to your employer's plan to earn a matching contribution, if one is offered, and boost your annual contributions every year in

which your salary goes up.

• **Create An Appropriate Investment Mix.** It's not enough just to invest regularly through your IRA, 401(k) or other retirement plan – you also need to invest wisely. You can fund your IRA with virtually any investments you choose, while your 401(k) or similar plan likely offers an array of investment accounts. So, between your IRA and 401(k), you can create portfolios that reflect your goals, risk tolerance and time horizon. It's especially important that your investment mix offers sufficient growth potential to help you make progress toward the retirement lifestyle you've envisioned.

• **Don't "Raid" Your Retirement Accounts Early.** If you start withdrawing from your traditional IRA before you turn age 59½, you may have to pay a 10 percent tax penalty in addition to normal income taxes due. (If you have a Roth IRA and start taking withdrawals before you are 59½, the earnings will be taxed and may be subject to a 10 percent penalty – but contributions can be withdrawn without

any tax and penalty consequences.) As for your 401(k) or similar plan, you may be able to take out a loan, but you'll have to pay yourself back to avoid any tax or penalty consequences. (Also, not all plans offer a loan option.) More importantly, any money you take out early is money that no longer has a chance to grow to help you meet your goals. Try to do everything you can to keep your retirement plans intact until you actually do retire. One suggestion: Build an emergency fund containing three to six months' worth of living expenses, kept in a liquid, low-risk vehicle outside your IRA or 401(k).

National Save for Retirement Week reminds us that we all must act to help ourselves retire comfortably. By making the moves described above, you can do your part.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✧

FEEL BETTER IN YOUR BODY!

DANCE FITNESS • GYROKINESIS®

Dance exercise
Barre conditioning
Line dancing
Couples instruction

Build strength
Improve flexibility
Enhance coordination
Increase circulation

Suzanne's

DANCE FITNESS

Fitness with Flair @ Royal Palm Square

239.822.9226 • sdf@DanceSuzannes.com • www.DanceSuzannes.com

naturebrackets.com
info@naturebrackets.com

New Designs Available at Forever Green Ace Hardware

2025 Periwinkle Way • Sanibel, FL

For a Full Mailbox call Dave at (239) 454-1001

Mailboxes

Porches

Shelves

Residency And Estate Planning Workshop

Florida Bar Board Certified Wills, Trusts and Estates Attorneys Craig R. Hersch and Michael B. Hill, partners with Sheppard, Brett, Stewart, Hersch, Kinsey & Hill, PA, will host a free Florida Residency and Estate Planning Workshop from 2 to 4 p.m. on Monday, November 7 at Temple Beth El, 16225 Winkler Road in Fort Myers.

Geared for Florida residents or those considering residency, the workshop covers Florida estate law and shares opportunities for enhancing estate planning techniques. Additional workshops will be offered from 2 to 4 p.m. on Tuesday, November 1 at the Sanibel Public Library and on Thursday, November 10 at the Naples Area Board of Realtors' Naples Conference Center.

Topics of discussion include:

- Are wills and trusts established out of state valid, once you move to Florida?
- Can taxes be reduced by declaring Florida residency?
- Why does a durable power of attorney need to be updated?
- How can I best keep legal documents up to date?
- How a revocable trust may not avoid probate.

All attendees will receive a free copy of Hersch's book, *The Florida Residency & Estate Planning Guide*. In addition, attendees can bring their current estate documents for a complimentary written trust analysis with Hersch and Hill by arriving 30 minutes prior to the seminar.

To sign up, visit sbshlaw.com/workshops or call 425-9379.✱



Craig Hersch

photos provided



Michael Hill

Two Professional Development Workshops

The Florida Institute of Government at Florida Gulf Coast University (FGCU) presents two professional development workshops this fall, designed for individuals looking for better ways to manage their careers and personal life.

- The Stress Management Strategies for a Chaotic and Changing World, scheduled for Friday, October 28 from

8:30 a.m. to noon at FGCU Institute of Government Atrium Executive Center, Osprey Training Room, 8695 College Parkway in Fort Myers. The cost is \$69.

This workshop provides professional and realistic stress management skills and tools that can be used immediately to enhance both professional and personal lives. The instructor is Karen Gomez, a holistic life and wellness coach, a certified Higher Ground Leadership coach, certified trainer of Oasis in the Overwhelm for stress reduction, and a master teacher of yoga, mindful meditation and energy teaching.

- 5 Easy Steps to Build (and Destroy) Trust, scheduled for Wednesday, November 30 from 8:30 a.m. to noon at FGCU Institute of Government Atrium Executive Center, Eagle Training Room, 8695 College Parkway in Fort Myers. The cost is \$69.

This workshop provides an interactive session focusing on four major levels of trust, identifying early indicators of mistrust and overcoming five common roadblocks to effective

team performance. The instructor is Mary Silverstein, a public speaker, private coach, and executive manager in the private and public sectors. A former adjunct for Antioch University in Los Angeles, she now consults with FGCU's Institute of Government as a trainer.

For more information or to register, go to <https://registeriog.fgcu.edu> or call 425-3273.✱

Optimize Business Workshop

The Chamber of Southwest Florida's Process Improvement Committee Presents Cashing in with Process Improvement on Tuesday, November 1 from 8 a.m. until 4 p.m. at the Crowne Plaza at Bell Tower Shops.

Participants will learn how to improve the efficiency of their operations in any business setting including for-profit, nonprofit and government organizations.

The workshop consists of a combination of presentations and breakout sessions designed to give participants an overview of process improvement strategies including Lean, Six Sigma, Asset Management and Entrepreneurial Operating System. The goal is that by optimizing business processes, organizations will realize better through-put, better customer service, reduced inventories, enhanced capital utilization and a higher return on investment.

The keynote luncheon speaker is Mark Abbott, founder and managing member of VTH Partners. Abbott has over two decades of experience and expertise with startups and early stage small and mid-size companies. He has been a founder, lender, investor, CEO, president, board member and leadership coach.

"While I enjoy the operations, lending and investing sides of my career, my deep passion is teaching leadership teams how to get more of what they want from their business, and less of what they don't want," said Abbott.

Presenters also include Phil Centonze, director of client engagement services for FloridaMakes; Robert Peterson, Ph.D., consultant, new business development at Florida Gulf Coast University Continuing Education; David Reycraft, GIS & CMMS manager for Lee County Utilities; David Rybicki, lean transformation business partner at Lee Health; Dennis McGee, city of Tallahassee; Dan Eveloff, city president for Regions Bank; Reggie Morgan, COO/principal at DeAngelis Diamond Construction; Trudi K. Williams, CEO of TKW Consulting Engineers; Seth Yoskowitz & Roop Lutchman with GHD; and Bob Munro, president and CEO of AREINA.

Member and non-member seating is \$50 and includes breakfast and lunch. Table sponsorships, seating eight, are \$600. The Crowne Plaza is located at 13051 Bell Tower Drive in Fort Myers.

Advanced reservations are required by calling 433-4111 or visiting chamberswfl.com.✱

TWO OF THE WORLD'S
MOST EXPERIENCED
REGENERATIVE PAIN
MEDICINE EXPERTS
AT YOUR SERVICE

239.303.4069

  **CaringMedical.com**

Caring Medical Regenerative Medicine Clinics
9738 Commerce Center Ct. Fort Myers, FL 33908



ROSS A. HAUSER, MD

TIMOTHY L. SPECIALE, DO

Stem Cell Therapy • Prolotherapy • Platelet Rich Plasma
Call us today to see if you are a candidate

The Woman In Cabin 10



by Di Saggau
I love a good mystery, and *The Woman In Cabin 10* by Ruth Ware delivers on that score. It's not gruesome or bloody, it's a suspenseful and haunting novel that is tightly wound and

reminds one of Agatha Christie's works. Lo Blacklock is a journalist who writes for a travel magazine. She has just been given what should be the assignment of a lifetime, a week on a luxury cruise with only a handful of cabins. Despite the ship's opulence and lavish amenities for the nine passengers, Lo finds her stay far from relaxing. Part of it has to do with the fact that her home was burglarized prior to the cruise, and she suffers from anxiety attacks.

Most of her fellow travelers are also travel writers or investors on board for the maiden cruise at the generosity of Lord Richard Bullmer, the cruise-magnate who owns the vessel. At first, Lo's stay is nothing but pleasant, the cabins are plush, the dinner parties are sparkling, and the guests are elegant. Suddenly everything changes.

Her first night aboard, Lo knocks on the cabin door next to her, cabin 10,



and a young woman answers. Lo asks if she can borrow some mascara because she's forgotten hers. The woman ends up giving her a tube of mascara and says to keep it. The mascara plays a role later on in the book.

A short while later, Lo hears a scream and a loud splash. She runs to her balcony and thinks she sees someone slipping under the water. She also swears she sees blood on the railing outside cabin 10. Lo notifies security that she thinks it's her neighbor, who has been accosted. Everyone on board denies that

such a woman exists. They say cabin 10 became unoccupied when an investor backed out at the last minute. They also cannot find any blood on the railing.

As the exclusive cruise ship *The Aurora* heads for the picturesque North Sea and a tour of the Norwegian fjords, Lo remains certain that what she heard and witnessed was real. Others paint her as a hysterical woman, especially after they discover she is on anti-depressants. Lo keeps digging for answers and her quest for the truth, despite warnings

to stop, gets her entangled in a web of deception and danger.
With surprising twists, spine-tingling turns and a setting that proves as uncomfortably claustrophobic as it is eerily beautiful, Ruth Ware offers up another taut and intense read, as she did in her bestselling *In A Dark, Dark Wood*.
The Woman In Cabin 10 is a gripping maritime psychological thriller, whose intense final chapters will keep readers spellbound.✧

School Smart



by Shelley M. Gregg, NCSP
Dear Shelley,
I think my teen-aged daughter is depressed. Kids are so volatile – one minute they're super happy and the next they are crushed about something. Is it normal for teens to really be depressed? Please give me some information on this topic.
Anthony Z., Cape Coral, Florida

Anthony,
Depression is a very real concern with teenagers. A new government report shows that in just one year, almost three million U.S. teens suffered a major bout of depression (U.S. Substance Abuse and Mental Health Services Administration (SAMHSA), July 7, 2016). The overall rate of depression among young people jumped to 11 percent between 2013 and 2014, up from 9.9 percent the previous year, the SAMHSA report found.
"Adolescence is a critical time in a person's development, and battling with depression can be devastating for teens unless they receive effective treatment," said Paolo del Vecchio, director of the Center for Mental Health Services at the U.S. Substance Abuse and Mental Health Services Administration.

Here are Common Signs of Depression in Children and Adolescents		
Cognitive	Behavioral	Physiological
"All or none" thinking	Depressed mood	Psychomotor agitation or retardation
Catastrophizing	Social withdrawal	Somatic complaints
Memory problems	Does not participate in usual activities	Poor appetite or overeating
Concentration problems	Shows limited effort	Insomnia or hypersomnia
Attention problems	Decline in self-care or personal appearance	Low energy or fatigue
Internal locus of control	Decreased work or school performance	
Negative view of self, world, and future	Appears detached from others	
	Crying for no apparent reason	
Automatic thinking	Inappropriate responses to events	
Negative attributional style	Irritability	
Negative affect	Apathy	
Feelings of helplessness	Uncooperative	
Feelings of hopelessness	Suicide attempts	
Low self-esteem		
Difficulty making decisions		
Feels loss of control, suicidal thoughts		

From Huberty, TJ (2008). *Best practices in school-based interventions for anxiety and depression*. In A. Thomas & J. Grimes (Eds.) *Best practices in school psychology V* (pp. 1473-1486). Bethesda, MD: National Association of School Psychologists.

The causes of depression are multiple and complex. Some people have a greater likelihood of developing it, such as those who have first-degree relatives with depression (e.g., a parent), those who live in highly stressful and demanding environments, or those who have experienced a traumatic event (e.g., loss of a loved one). Children with disabilities, such as learning or medical problems, are also more vulnerable to developing depression.
Just because a child/teen exhibits some or even all of these characteristics does not mean that her or she has a depressive disorder. When some or all of these symptoms are present and severe, and last for more than a few weeks, it is important to have your child evaluated by a mental health professional who specializes in childhood psychological disorders. In the interim, here are some things you can do as a parent, as per the National Association of School Psychologists (NASP), to help mitigate some symptoms of depression:
Self-esteem and self-critical tendencies: give frequent and genuine praise; accentuate the positive; supportively challenge self-criticism; point out negative thinking.
Family stability: maintain routine and minimize changes in family matters; discuss changes beforehand and reduce worry.
Helplessness and hopelessness: have the child write or tell immediate feelings and any pleasant aspects three or four times a day to increase pleasant thoughts over four to six weeks.
Mood elevation: arrange one interesting activity a day; plan for special events to

Available at
www.AMAZON.COM
EDITORIALRxPRESS.COM

Female Pioneers of Fort Myers
Women Who Made a Difference in the City's Development
By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."
Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

come; discuss enjoyable topics.

Appetite and weight problems: Make mealtime a pleasant occasion, don't force eating; prepare favorite foods.

Sleep difficulties: keep regular bedtime hours; do relaxing and calming activities one hour before bedtime such as reading or listening to soft music; end the day on a "positive note."

Agitation and restlessness: change activities causing agitation; teach the child to relax; massage may help; encourage physical exercise and recreation activities.

Excessive fears: minimize anxiety-causing situations and uncertainty; be supportive and reassuring; planning may reduce uncertainty, relaxation exercises might help.

Aggression and anger: convey a kind but firm acceptance of destructive behavior; encourage the child to discuss his angry feelings; do not react with anger.

Concentration and thinking difficulties: encourage increased participation in games, activities, discussions; work with the teachers and trusted adults to promote learning.

Suicidal thoughts: be aware of the warning signs of suicide; immediately seek professional help.

If depression persists: consult your family doctor and get a referral to a psychologist.

*Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.**

Series On Living With Parkinson's

Lee Heath's Healthy Life Center invites the community to an educational series about living with Parkinson's disease. The program will be held from 3 until 4 p.m. on Wednesdays at the Healthy Life Center at Coconut Point in Estero. Program dates are:

October 26: Exercise and Mobility: Power Up Your Moves – led by Janice Smeigh, DPT

November 2: Balance and Fall Prevention: A Balancing Act – presented by Nathalie Grondin, PT

November 9: Voice and Communication: Let Yourself be Heard – Leslie Roth, EdD, CCC/SLP

November 16: Swallowing and Cognition: Safe Swallow and Flexing Your

Brain – also led by Roth
November 30: Activities of Daily Living – Fred Schetrompf, MS, OTR/L

According to the Parkinson's Disease Foundation, more than 10 million people worldwide are living with Parkinson's disease. The incidence of the disease increases with age, but an estimated four percent of people are diagnosed before the age of 50. Men are one and a half times more likely than women to have Parkinson's. The progression of the disease varies from person to person. The Healthy Life Center's Parkinson's Disease Series provides education and information on various treatment and rehabilitation options.

To learn more or to register, call 495-4475 or email HealthyLifeCenter@LeeHealth.org.

The Healthy Life Center at Coconut Point is located at 23190 Fashion Drive, Suite 105, in Estero.*

Firm Partners With Association

Financial services firm Edward Jones has committed \$4.7 million over two years to support the Alzheimer's Association, according to Jennifer Basey, a financial advisor with the company.

The partnership will help the association's care and support programs, including the 24/7 Helpline (800-272-3900) and provide educational materials on brain health as well as funds for research and grassroots awareness activities.

In reciprocation, the association will provide services, support and education on the disease to Edward Jones' associates and clients.

"With more than 12,000 branch office locations in the U.S., this commitment from Edward Jones will move the Alzheimer's cause forward," said Donna McCullough, chief development officer, Alzheimer's Association. "Together we will reach more families who need information, resources and guidance as they face an Alzheimer's diagnosis and caregiving challenges. In addition, funding will support critical research exploring the causes of, and treatments for, Alzheimer's disease."

The partnership has several facets. The association will work with the company to create the Edward Jones Alzheimer's Research Fund, a targeted effort to advance research toward treatment, prevention, and, ultimately, a cure at a quicker pace. Edward Jones will serve as the nationwide presenting sponsor of the Alzheimer's Association's Walk to End Alzheimer's, which raised more than \$77 million in 2015 for education programs, research and advancing public policy. The Alzheimer's Association will work with Edward Jones to ensure their associates and clients are equipped with resources.

"We're thrilled to be teaming up with the Alzheimer's Association to help find a cure for one of the greatest threats to the health and wealth of families, including the millions of families that we serve in North America," said John Beuerlein, Edward Jones partner with responsibility for the firm's newly created Senior Investor Council. "We are proud to make this commitment to the mission of the Alzheimer's Association and its critical fight to end Alzheimer's disease."

The company's fund will bestow grants to peer reviewed and best-in-class research projects presented by the association and selected by the Edward Jones Senior Investor Council.

Edward Jones has also made a commitment to the Alzheimer's Association's sister organization, the Alzheimer's Impact Movement. For more information, visit alzimpact.org.*

Fund Set Up In Memory Of College Student



Jordan Gutheim

photo courtesy SWFL Community Foundation

The Gutheim family has established the Jordan Ashley Gutheim Fund, a fund of the Southwest Florida Community Foundation.

The donor-advised fund was established in memory of Jordan Gutheim, a 20-year-old graduate of Evangelical Christian School and a junior at Florida State University (FSU), who was killed in a car

accident on May 12, 2016.

According to her family, Jordan was passionate about animal safety, seniors and helping those in need in impoverished countries like the Dominican Republic. They plan for the fund to support efforts including no-kill animal shelters, seniors facing dementia, humanitarian mission trips, driver safety and family services. The family will also have an annual scholarship at FSU.

Born in Fort Myers, Jordan was known for her fun and loving spirit, her happiness, sensitivity and interest in going out of her way to help others.

"Jordan took pride in her family and friendships, and valued loyalty and kindness," said her father, Greg. "She loved to travel, exercise, experience new things and make others laugh. We miss her every day, but through this fund, our wonderfully kind and caring daughter will live on and continue to help others."

The fund is available to anyone who would like to contribute by visiting <http://bit.ly/JordanAshleyGutheim> or sending a check to the Southwest Florida Community Foundation.

"We are the Community Foundation, and community is what we are all about," said Sarah Owen, president and CEO of the foundation. "We want to be here for the members of our community so that we can provide support for philanthropy and building legacy. The Gutheims are an important part of our foundation family now, and we look forward to walking alongside them in making meaningful and effective grants in Jordan's memory."

For more information, call 274-5900 or visit floridacommunity.com.*

Help Set a
NATIONAL RECORD for the
Partners Human Pink Ribbon



SATURDAY
OCTOBER 29

JET BLUE PARK
9-11 AM

Participants will be forming the human ribbon holding uniform pink umbrellas. Each \$20 donation will receive one umbrella, yours to keep. Registration is \$10 if you bring your umbrella from last year's event.



For more information visit www.pfbcc.org or call 239-454-8583.

RAIN OR SHINE



dearRPharmacist

Cryptoxanthin Found In Squash Helps Lung Cancer



by Suzy Cohen, RPh

Dear Readers:

Autumn is stunning here in Colorado and I wait for the leaves on the trees to begin to glow orange and yellow. I love how the temperature drops, and I get to

dust off my beloved boots. There's a pumpkin patch near my house that begins to boast its harvest with pretty little pumpkins for miles. I love looking at those pumpkins, but I confess I haven't found my 'pumpkin gene' yet. They're just OK, I don't crave them. The gourd I long for is butternut squash.

Butternut squash has a lot of beta carotene which your body automatically converts to vitamin A, unless you have a variant (expressing genetic SNP) in their BCMO1 gene. In that case, you can't convert the beta carotene to

vitamin A very well, so supplementation with retinol would be helpful or you become deficient in vitamin A.

The health perks of eating butternut are just crazy amazing. Today, I'll focus on beta cryptoxanthin, this is a powerful carotenoid (similar to beta carotene) and it protects DNA. So much so, that studies suggest it can help with cancer, especially lung cancer. Researchers in Philadelphia just published results from an animal study stating beta cryptoxanthin can "be used as a chemopreventive agent or a chemotherapeutic compound against lung cancer." It works by flipping a switch on the genes in your body that keep cancer from spreading. As for inflammation, cryptoxanthin compound has the ability to reduce development of rheumatoid arthritis, according to a University of Manchester study.

A three and a half ounce serving (100 grams) of cooked butternut squash contains about 3,120 mcg of beta cryptoxanthin, whereas a bowl of boiled carrots contains only 199 mcg.

As for butternut squash, the only thing you have to throw out is the skin. You can actually roast the seeds with olive oil, salt and pepper. These little guys are rich in tryptophan which converts to the happy neurotransmitter serotonin, and subsequently into sleepy melatonin. Here is one recipe from my newest ebook called *Eat for the*

Seasons: 21 Delicious Fall Recipes. Download your free copy from suzycohen.com.

Butternut Squash Savory Salad

2 tablespoons butter
2 cups butternut squash, cubed
Salt and pepper
2 teaspoons coconut or brown sugar
½ cup almond slivers
¼ teaspoon pumpkin pie spice
6 cups mixed lettuce greens
(Romaine, butter, etc.)
1 avocado, sliced
1 small cucumber, sliced thinly
¼ cup pomegranate seeds

Melt butter in a skillet and cook the butternut squash with salt and pepper (as desired) and sugar (to caramelize it). Cook until golden or lightly brown and tender. Toast the almond slivers in another saucepan along with the pumpkin pie spice, keep tossing them until they are toasted. It took about 5 minutes for me. Toss the salad greens along with the cooked butternut squash, cucumber, and pomegranate seeds. Then, top with avocado slices, cucumber and toasted almonds.

I make my own dressing at home by combining EVOO and pomegranate vinegar. Pomegranates are natural beta blockers and help reduce blood pressure.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author

of *The 24-Hour Pharmacist* and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Lake Kennedy Senior Center

Farm Tour

Kennedy Cruisers and friends are invited to a true, farm-to-table cuisine experience. Participants will meet the owner and operator of Rosy Tomorrows Heritage Farm, Rose O'Dell King, and go on a self-exploratory tour of the 100-acre farm and gift shop.

Experience the farm's commitment to humane, organic, sustainable and honest farming. See red wattle pigs, Brangus calves and more. Lunch is included and will be served in a rustic barn featuring produce, eggs, chicken and pork from the farm.

The bus tour will leave Lake Kennedy Senior Center at 10:30 a.m. on Wednesday, November 9 and return by approximately 4 p.m.

Pre-registration is required. The cost is \$50 per member and \$55 per non-member.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.✱

Doctor and Dietician (part 1)

Avoiding Products That Decrease Libido



by Ross Hauser, MD
and Marion Hauser, MS, RD

The intake of certain products may decrease libido and, if low sex drive is a problem, they should be avoided. First, drinking too many caffeinated drinks can lower your sex drive by causing adrenal fatigue. Excess caffeine causes stress on the body which, in turn, decreases cortisol levels. Cortisol is a hormone that helps you to deal with stress. If you drink too much caffeine, your body will become overly stressed and eventually use up your entire cortisol supply, causing adrenal fatigue. If your adrenal gland is not producing adequate hormones, you will have less desire for sex and very little energy or strength for sex.

Secondly, most of us are familiar with the concept of fatty plaque that builds up in the blood vessels around

the heart. Similarly, the myriad of tiny vessels in the penis can have plaque build-up. Without free-flowing circulation, the penis cannot physically respond to messages from the sex drive. Nearly all packaged foods, TV dinners, fast foods and vending machine foods contain high levels of hydrogenated fats. Instead, consume an abundance of fresh, good fats like cold-pressed vegetable oils, avocado and nuts.

Thirdly, excessive alcohol lifts behavioral inhibitions, but this liberating effect may be canceled out by its depressant effect. Alcohol also has an action similar to the female hormone estrogen, which can have a devastating effect on masculinity, causing impotence and shrinking of the testes in men who drink heavily. Alcohol can also deplete vitamin B stores, diminishing all of its benefits.

Lastly, nicotine is an enemy of the arteries. Nicotine not only promotes the formation of atherosclerotic plaque in the penile blood vessels but also constricts them.

If you are looking to improve your libido, remember that natural is better.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✱

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I am told that I am a very well functioning senior woman. Every two years for the past 25 years, my husband and I have gone to a well-known hospital as part of a research study. This year it was not convenient for us to go together, so I decided to go alone and fly up rather than drive. I was told by the facility that I would be met at the airport.

When I arrived, no one was there so I waited and waited and finally went up to the airport information. Three women were at the counter and I asked if I was in the proper area, and they said, "Yes." I waited some more as I had no contact number with me. Finally, I went up again to get information and inquired if anyone

had called. They said, "No."

The three women looked at me and asked if I knew where I was, because I was probably in the wrong city. The facility I was going to did not exist and since no one had called, I was so furious I asked for their phone book and telephone and they very reluctantly gave them to me.

Of course, I was in the right city. The name of the facility I was going to had been changed and the women did not know the new name. I was definitely in the right place, the driver had gone to the wrong place and he had been too involved talking to his friends.

I was furious. All of these people had immediately assumed, because I was older, I was confused, disoriented and impaired. There was never a thought that the driver could be confused or the three people at the airport information desk lacked knowledge.

Before you make hasty conclusions about a person's mental abilities, be sure you know exactly what you are talking about and the information you have is correct.

I would like you to share my experience with your readers.

Josie

Dear Josie,

Ageism, like so many other "isms," are still very much a part of our everyday experience.

Younger people are always very quick to evaluate the mental functioning of anyone over 50, frequently making the wrong conclusions.

What you experienced is common and is resented by the victims. Some older people are impaired but with better health we hope it will become less of a problem.

Lizzie and Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✱

PETS OF THE WEEK

Hello, my name is Snowflake. I'm a 10-year-old spayed female chihuahua mix. I am affectionately known as "Little Angel Face" because no dog is as sweet, pure and good as me.

Adoption Fee: \$25 for pets 6 years and older (free for seniors adopting senior pets)

Hi, I'm Nissan. I'm a 3-year-old male domestic short hair orange tabby. My twin brother, Tesla, and I are both adorable, good-natured and playful kittens. The holidays are just around the corner so why not add one or two kittens to your family now!

Adoption Fee: \$75 (adopt a second cat or kitten free)

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Snowflake ID# 674932



Nissan ID#: 674221

Pet Discounts For Voters

Voters are sure to win when they adopt their favorite "DemoCAT" or "RePUPlican" at Animal Services.

A 50 percent discount on pet adoptions will be offered to anyone who brings in an "I voted" sticker beginning Monday, October 24 for early voting through Election Day on Tuesday, November 8.

Puppies cost \$47, adult dogs are \$25, kittens are \$37, adult cats cost \$25, and pets 6 years and older are \$12.

The adoption package valued at \$500

includes spay/neuter surgery, age-appropriate vaccinations, Lee County pet license, microchip ID, de-worming, a heartworm test for dogs six months and over, a feline AIDS and leukemia test, pet behavior helpline and a 10-day pet health guarantee.

Available adoptees can be viewed by visiting leegov.com/animalservices. Adopters can submit an application online as well. The website updates hourly. Volunteers and staff are available to help individuals and families select the pet that best suits their family.

Adoption hours are 10:30 a.m. to 3:30 p.m. Monday through Saturday at the shelter, 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's office off Six Mile Cypress Parkway.*

THE RIVER WEEKLY NEWS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118

Kiwanis Clubs:

Fort Myers Beach	765-4254 or 454-8090
Fort Myers Edison	694-1056
Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869

Lions Clubs:

Fort Myers Beach	463-9738
Fort Myers High Noon	466-4228
Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to:
press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword

TURN OF PHRASE

- ACROSS
- 1 Dying fireplace bits

7 Clock or watch datum, in Spanish

13 Larynx sites

20 Eye component

21 Reach, as a goal

22 Accessory for Minnie Mouse

23 Parasite infecting big crowds?

25 Steel mill input

26 "Get faster," on mus. scores

27 First-rate

28 Excavated

30 Halo, for one

31 "Such gall!"

33 Baseball tool used to tap in a golf ball?

35 "Zip- — -Doo-Dah"

36 Heptathlete Jackie — -Kersee

38 Hydrocarbon suffix

39 Starring role as a malicious character?

43 Atoms with charges

45 "Send help!"

48 Shake like —

49 Stat for Sosa

50 Tough puff

52 Early arcade giant

54 Ruhr article

55 Classic dog name

58 Noises made by U-boat control switches?

61 Hydroxyl compound

63 Martinez of baseball

65 Hockey legend Bobby

66 Green Giant bagful

67 Mariner org.

68 Notice displayed in neon?

72 Skateboard park feature

75 Positions

77 Juan or señor ender

78 "Dang!"

79 Sour, blackish fruit

80 Dessert-wine allotment?

85 Aide for Frankenstein

87 Vex

88 Sum up

89 "That should come — surprise"

92 Playground comeback

94 Wrath

95 Outline sharply

97 First step in making a razor sharpener?

100 Stitch (up)

101 Lost intensity

104 Links target

105 Hair favored by a husband?

109 #1 hit for Shirley Ellis, with "The"

113 Hub for Air France

114 "Cabaret" director Bob

115 Demonstrate

117 Play hard —

118 Contradict

120 Inability to tolerate furtiveness?

123 Serene

124 Big Brother creator

125 Grub hub?

126 One cuddling

127 "I Need a Girl" rapper

128 Dutch beer brand

DOWN

1 Acclaim

2 Cadge

3 Actor Willis

4 Baja tourist city

5 Recited readily

6 — Paulo, Brazil

7 Resort lake

8 "Blame — Rio"

9 To be, to Camus

10 Really riled

11 Simple Simon met one

12 At the locale itself

13 Burglar

14 Clay layer under soil

15 — de Oro

16 Fancified

17 More or less

18 Joe of baseball

19 Curse

24 Top picks, informally

29 Money-back, maybe

32 Arbitrator

33 "Cheerio!"

34 Perilous

36 Triangular sail

37 Of the ears

39 Burdened

40 Justice Kagan

41 Of rockets, missiles, etc.

42 Plug point

44 Missions for the CIA, say

45 City on San Francisco Bay

46 Moon, e.g.

47 Certain sib

50 Maiden

51 Bitter-tasting

53 Nicholas I and II, for two

56 "— Easy" (1977 hit)

57 502, in old Rome

59 For dieters, in ads

60 Decide that you will

62 First lady after Hillary

64 Smelly bulb

69 Other, in Madrid

70 Actress Pam

71 Witchy type

73 Lamebrain

74 Kind of black 122-Down

76 Plains homes

80 — Lanka

81 "She's the one"

82 Sch. staff

83 Skeptics' interjections

84 Indulge fully

86 Competitive shooting group

91 Lout of a guy

93 Nannies

96 Scarred "Batman" villain

97 Revered Fr. nun, maybe

98 Softens up

99 — -pah

100 Evil computer system in "The Terminator"

102 Miter wearer

103 Scared, in dialect

105 Lara of "60 Minutes"

106 Talk formally

107 Curtails

108 Vestibule

109 — zone (restricted airspace)

110 Tip of a shoelace

111 39.37 inches, to a Brit

112 Car fuel additive

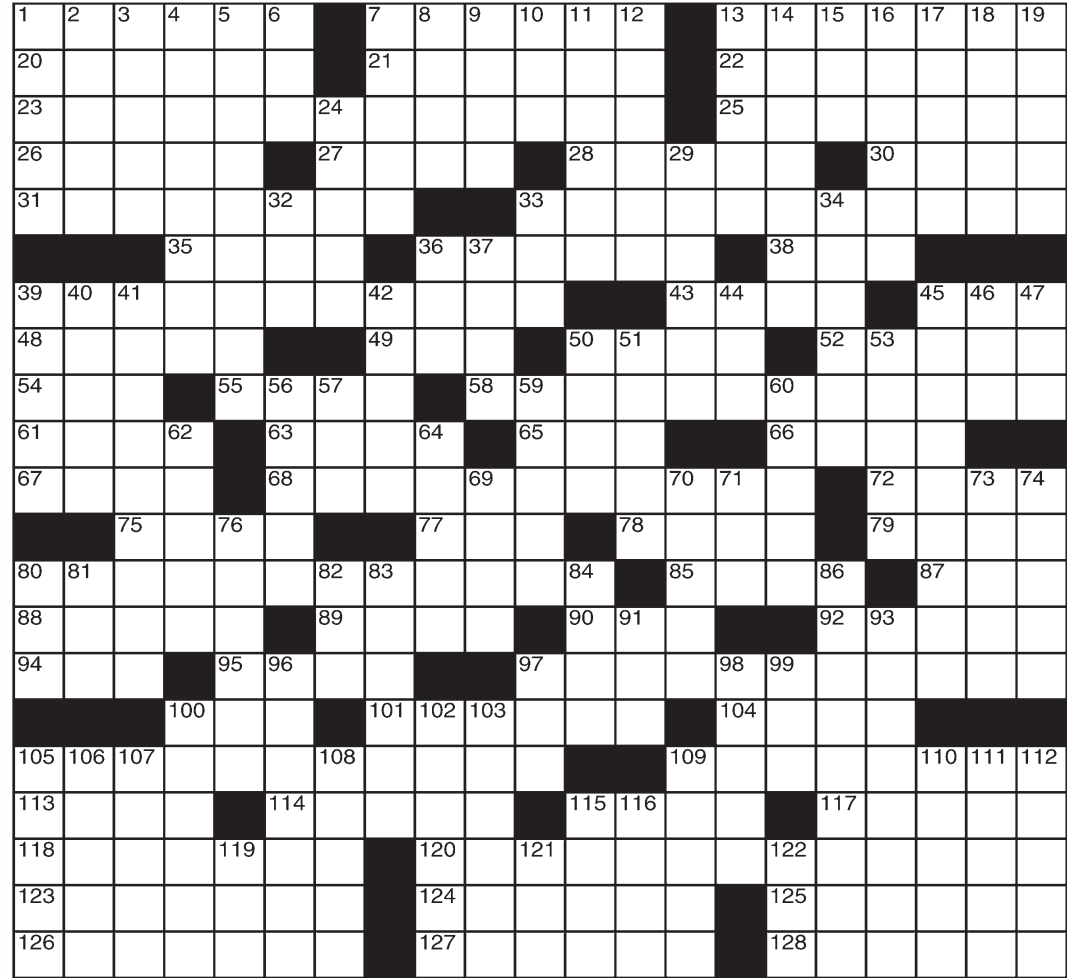
115 Sown bit

116 Adhere (to)

119 "My Gal —" (1942 film)

121 — -nighter (stadium event)

122 Brewed drink





Sorry, it's against regulations to serve a _____ with the health salad!"
answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Spot
BADU
Ignite
DINKEL
Adage
HICCLE
Tie
TONK

TODAY'S WORD

	5		1			8		
		3		6			9	
8		4			5			7
6				2				4
	1		3			7		
		9			6		5	
3				1			7	
		2	8			1		
	8				7			5

SUDOKU

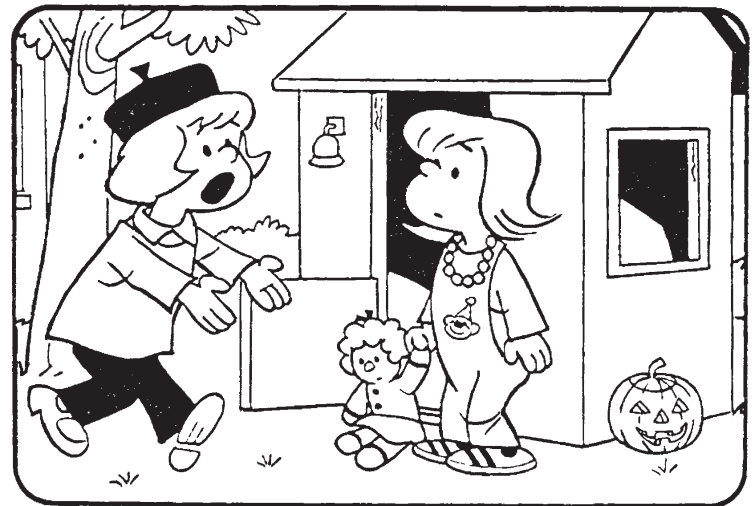
To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

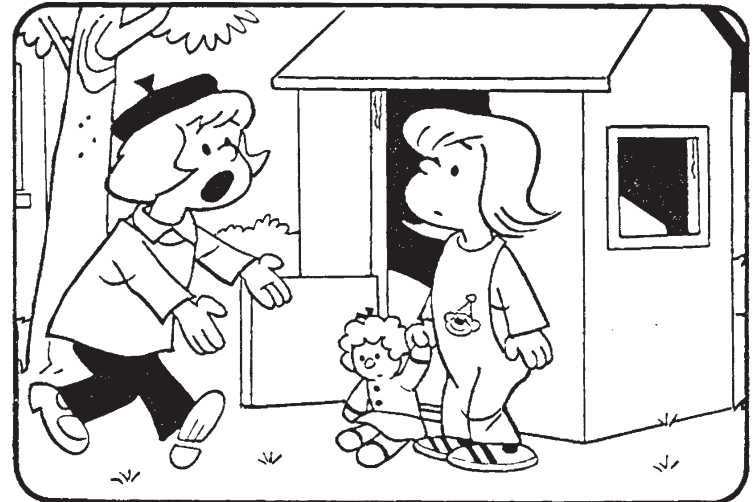
answer on page 29

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Hat is different. 2. Arm is missing. 3. Light is missing. 4. Beads are missing. 5. Pumpkin is missing. 6. Window is smaller.

PROFESSIONAL DIRECTORY

POOL CLEANING



TOM WALTERS

30 years serving Sanibel, Captiva & Southwest Florida

For all your pool cleaning needs

Periwinkle
Pools, Inc.

239-454-1527

periwinklepoolsinc@gmail.com

FINANCIAL SERVICES

THE RIGHT INVESTMENTS IN YOUR IRA CAN MAKE ALL THE DIFFERENCE.

Jennifer L Basey
Financial Advisor

42 Barkley Circle, Suite 1
Fort Myers, FL 33907
239-931-4543

To learn about the benefits of an Edward Jones IRA, call or visit today.

www.edwardjones.com

Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

CONSTRUCTION/REMODELING

COOPER
CONSTRUCTION

Custom Homes & Remodeling Specialists
We can design, build and manage any endeavor you can dream up.

239.454.5699

cooperconstruction@embarqmail.com

Kerry Cooper • An Island Business Since 1982 • License # CBC1255742

GENERAL CONTRACTOR

D.BROWN
GENERAL CONTRACTORS LLC

CGC1517615



NEW CONSTRUCTION & REMODELS

239-593-1998 | www.dbrownngc.com

AUTO REPAIR & TOWING



BEACH FENDER MENDER
You bend 'em, we mend 'em

Pick up and delivery to most locations.
All insurance and credit cards accepted, as well as most motor clubs.

239-433-4222

239-454-8697 (TOWS)

15605 Pine Ridge Road, Fort Myers, FL 33908
AUTO REPAIR, FRAME & PAINT + 24 HOUR TOWING



Single Serve Fruity Pizza

1 (nine-inch) whole wheat pita bread
 1 orange, peeled and sectioned
 ¼ cup fresh strawberries, sliced
 ¼ cup cantaloupe, sliced
 ¼ cup fresh blueberries
 1 ounce light cream cheese
 1 teaspoon natural vanilla extract
 Combine cream cheese and vanilla extract in a mixing bowl until well blended. Spread cheese over pitas.

Decorate with fruit by creating fun faces and patterns.*



Single Serve Fruity Pizza

photo courtesy Fresh From Florida

To advertise in
The River Weekly News
 Call 395-1213

PROFESSIONAL DIRECTORY

CONTRACTOR

**Surfside
Home Improvements
Aluminum & Remodeling**

- Bathrooms • Kitchens
- Lanai Enclosures
- Windows • Screen Rooms • Decks
- Railings • Safety Tubs • Doors
- Add a Room or Garage
- Outdoor Kitchens • Storm Shutters
- and Much More

\$500. OFF WITH AD
 cbc1261010
239-936-0836
 Family owned, 40 Years Local

VETERINARY SERVICES

**EDISON
Park**
Animal Hospital

Dr. Sharon Powell
 Phone: (239) 689-3525
 Fax: (239) 791-8852
 Email: edisonparkpets@gmail.com

2035 McGregor Blvd
 Fort Myers, FL 33901
 www.edisonparkanimalhospital.com
 "Wir Sprechen Deutsch"

COSMETICS

MAGGIE BUTCHER

MARY KAY®
 904 Lindgren Blvd.
 Sanibel Island, FL 33957
 Ph: 239-395-0978 / 317-509-6014
 mbutcher@marykay.com
 Products: www.marykay.com/mbutcher

**ALWAYS A GIFT WITH
PURCHASE!**

Career information available
 Gift ideas available

FILM SOCIETY

Film Society of Southwest Florida

For movie lovers who appreciate all aspects of film.

Meeting Location
 Community Room - Robb & Stucky

4:30 to 5:30 p.m.
 Second Monday of each month

President, Di Saggau
 239-466-4707

FISHING CHARTER

Light Tackle Sport Fishing
 Tarpon • Snook • Redfish & More
CAPT. MATT MITCHELL

USCG
 Licensed
 & Insured

C: (239) 340-8651
 www.captmattmitchell.com
 email: captmattmitchell@aol.com

PUZZLE ANSWERS

SUPER CROSSWORD

E	M	B	E	R	S		T	I	E	M	P	O		T	H	R	O	A	T	S
C	O	R	N	E	A		A	T	T	A	I	N		H	A	I	R	B	O	W
L	O	U	S	E	O	F	H	O	R	D	E	S		I	R	O	N	O	R	E
A	C	C	E	L		A	O	N	E		M	I	N	E	D		A	U	R	A
T	H	E	N	E	R	V	E		B	A	T	O	F	P	U	T	T	E	R	
				A	D	E	E		J	O	Y	N	E	R		A	N	E		
L	E	A	D	O	F	S	P	I	T	E		I	O	N	S		S	O	S	
A	L	E	A	F		R	B	I		G	A	S	P		A	T	A	R	I	
D	E	R		F	I	D	O		C	L	I	C	K	S	O	F	S	U	B	S
E	N	O	L		T	I	N	O		O	R	R		P	E	A	S			
N	A	S	A		S	I	G	N	O	F	L	I	G	H	T		R	A	M	P
		P	U	T	S		I	T	A		D	R	A	T		S	L	O	E	
S	H	A	R	E	O	F	P	O	R	T	S		I	G	O	R		I	R	K
R	E	C	A	P		A	S	N	O		A	C	E		I	S	T	O	O	
I	R	E		E	T	C	H		S	T	A	R	T	O	F	H	O	N	E	
		S	E	W		A	B	A	T	E	D		H	O	L	E				
L	O	C	K	S	O	F	W	I	F	E		N	A	M	E	G	A	M	E	
O	R	L	Y		F	O	S	S	E		S	H	O	W		T	O	G	E	T
G	A	I	N	S	A	Y		H	A	T	E	O	F	S	T	E	A	L	T	H
A	T	P	E	A	C	E		O	R	W	E	L	L		E	A	T	E	R	Y
N	E	S	T	L	E	R		P	D	I	D	D	Y		A	M	S	T	E	L

KING CROSSWORD

A	G	R	E	E		M	I	R		C	O	D	
P	E	E	P	S		O	D	E		A	P	E	
R	E	F	I	T		R	E	F	I	N	E	S	
	I	C	E	T	E	A			C	A	R	E	
N	F	L		R	U	N		R	E	L	A	X	
A	L	L	S		B	O	S	O	M				
M	U	S	C	L	E		T	W	E	R	P	S	
		H	A	R	P	O			N	E	R	O	
S	A	T	I	N		A	R	C		F	O	X	
C	R	U	Z		O	R	M	O	L	U			
R	E	F	O	R	M	S			B	A	N	E	S
A	N	T		B	E	E			R	I	D	G	E
M	A	S		I	N	S			A	R	S	O	N

MAGIC MAZE

REMOVE LETTERS TO FIND A BIRD														
E	N													
N	L	C	E	K	A									T
E	G	C	H	T	L									A
G	N	M	L	N	E	T	L	U	V					
N	N	A	S	A	V	I	E	A						
E	R	I	M	M	T	D	R	K	W	C				
K	D	B	W	O	R	N	R	O	C	O				
S	T	O	R	Y	B	O	O	K	E	N	D			

SUDOKU

2	5	6	1	7	9	8	4	3
1	7	3	4	6	8	5	9	2
8	9	4	2	3	5	6	1	7
6	3	7	5	2	1	9	8	4
5	1	8	3	9	4	7	2	6
4	2	9	7	8	6	3	5	1
3	6	5	9	1	2	4	7	8
7	4	2	8	5	3	1	6	9
9	8	1	6	4	7	2	3	5

My Stars★★★★

FOR WEEK OF OCTOBER 24, 2016

ARIES (March 21 to April 19) Mars, your ruling planet, begins a journey that will open up a growing number of possibilities. Put that surging Arian energy to good use and explore it to your heart's content.

TAURUS (April 20 to May 20) This is the time to prepare for a career move coming up next month. Update your resume. Get those proposals in shape. And don't forget to buff up that Bovine self-confidence.

GEMINI (May 21 to June 20) Your Gemini instincts will guide you to the right people who might be able to help you get over that career impasse that has been holding you back. Expect to make changes.

CANCER (June 21 to July 22) You're getting closer, but you still have a ways to go before reaching your goals. Continue to stay focused, no matter how difficult it can be for the easily distracted Moon Child.

LEO (July 23 to August 22) Your Leonine pride might be keeping you from getting to the source of a disturbing situation. Don't be shy about asking questions. Remember: Information is power.

VIRGO (August 23 to September 22) It's a good time to shake up your tidy little world by doing something spontaneous, like taking an unplanned trip or going on a mad shopping spree.

LIBRA (September 23 to October 22) This is a good week to get advice on your plans. But don't act on them until you feel sure that you've been told everything you need to know to support your move.

SCORPIO (October 23 to November 21) Be careful. You might be probing just a little too deeply into a situation that you find singularly suspicious. The facts you seek will begin to emerge at a later time.

SAGITTARIUS (November 22 to December 21) This is a good week to make new friends and to look for new career challenges. But first, get all those unfinished tasks wrapped up and out of the way.

CAPRICORN (December 22 to January 19) Relationships need a fresh infusion of tender, loving care. Avoid potential problems down the line. Stay close to loved ones as the month draws to a close.

AQUARIUS (January 20 to February 18) Aspects favor relationships, whether platonic, professional or personal. On another note: Be a mite more thrifty. You might need some extra money very soon.

PISCES (February 19 to March 20) This is the absolute right time to let those often-hidden talents shine their brightest. You'll impress some very important people with what you can do.

BORN THIS WEEK: You are impelled by a need to find truth, no matter how elusive. You would make a wonderful research scientist or an intrepid detective.

THIS WEEK IN HISTORY

- On Oct. 30, 1864, the town of Helena, Montana, is founded by four gold miners who strike it rich at the "Last Chance Gulch." Eventually, Last Chance Gulch would prove to be the second biggest gold deposit in Montana.

- On Oct. 26, 1881, in a shootout that lasts all of 30 seconds, the Earp brothers face off against the Clanton-McLaury gang in a legendary shootout at the OK Corral in Tombstone, Arizona. The Earps and Doc Holliday were charged with murder, but a Tombstone judge acquitted them.

- On Oct. 24, 1931, the six-lane George Washington Bridge over the Hudson River between New York and New Jersey is dedicated. In 1946 two more lanes were built, and in 1958 six lower-level lanes were added. Today the bridge carries 106 million cars per year.

- On Oct. 29, 1948, killer smog hovers over Donora, Pennsylvania, trapping the sulphuric acid, carbon monoxide and other pollutants released by steel mills and a zinc smelting plant. By the time rain washed the air, 20 people had perished and thousands were ill.

- On Oct. 27, 1970, Andrew Lloyd Webber and Tim Rice released a double-LP "concept" album called "Jesus Christ Superstar" after they were unable to find financial backing for a stage production due to the nature of the story.

- On Oct. 25, 1983, President Ronald Reagan, citing the threat posed to Americans in Grenada, orders the Marines to invade. Nearly 1,000 Americans were on the island, many of them students at a medical school. In a week, Grenada's government was overthrown.

- On Oct. 28, 1998, President

Bill Clinton signs into law the Digital Millennium Copyright Act. The DMCA explicitly authorized copyright holders to issue "takedown" notices to individuals or companies believed to be engaging in infringing use of a copyrighted work.

STRANGE BUT TRUE

- It was 20th-century American journalist and author Sydney J. Harris who made the following sage observation: "Men make counterfeit money; in many more cases, money makes counterfeit men."

- The Hawaiian Islands didn't have mosquitoes until the 1820s, when a ship evidently brought the pests along with the people.

- Those who study such things claim that, generally speaking, the more money a man makes, the less alcohol he drinks. With women, though, the opposite holds true: The more money she makes, the more alcohol she drinks.

- The name of the nation of India is derived from the name of the river Indus. It's interesting to note, however, that the Indus doesn't actually flow through any part of modern-day India; it's in Pakistan and the disputed region of Kashmir.

- The snapping turtle is the only modern reptile that can breathe underwater, and then only if it stays put on the bottom. If it starts to swim, it has to surface to breathe.

- A researcher named Joel Achenbach says that the red in the occurrence of red eye in some photographs is actually blood. The color comes from the flash reflecting off the blood vessels in the back of the eyeball.

- You might be surprised to learn that of the 6 million parts that make up a Boeing 747, half of them are categorized as fasteners.

- It would take 34 days (and nights) to ride a horse around the world. If you didn't stop for sleep, of course. Or bathroom breaks, or food. And if you were provided a fresh horse whenever the one you were riding began to tire. And if those horses could gallop across water.

THOUGHT FOR THE DAY

"I can't understand why people are frightened of new ideas. I'm frightened of the old ones." -- John Cage

SCRAMBLERS

solution

1. Daub; 2. Kindle;
3. Cliche; 4. Knot

Today's Word
COCKTAIL

TRIVIA TEST

1. History: Where did Lyndon Johnson take the oath of office following President Kennedy's assassination?
2. Language: What does the word "gesundheit" mean when it follows a sneeze?
3. Music: What singer's life was portrayed in the autobiography "Lady Sings the Blues"?
4. Television: Where was "The Untouchables" drama set?
5. Anatomy: What is a more common name for the sternum?
6. Science: What is the unit that is used to measure sound level?
7. Inventions: What was demonstrated for the first time on Dec. 31, 1879, in Menlo Park?
8. General Knowledge: What are the colors of Israel's flag?
9. Mythology: In mythology, what do theriomorphic gods represent?
10. Geography: What is the only Northeastern U.S. state that borders Canada but not the Atlantic Ocean or a Great Lake?

TRIVIA ANSWERS

1. Aboard Air Force One 2. A wish and white 9. Animals 10. Vermont 6. Decibel 7. Incandescent light 8. Blue 4. Chicago 5. The breastbone in German for "good health" 3. Billie Holiday 4. Cliche

★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★

REAL ESTATE

BEACH AREA BUILDING LOT

Beach area building lot, fourth property from Gulf, 150 steps to best beach on Sanibel. Property is 1361 Jamaica Drive. Identical lots in Captiva village selling for over \$1 million and this is much quieter, nicer and closer to town, with much better beach. \$460,000. Call owner at 239-233-1349.

★NS 10/7 CC 10/28

SANIBEL BEACH NEIGHBORHOOD DUPLEX

Sanibel beach neighborhood Duplex. 1357 Jamaica Drive. Third house from best private, unspoiled, uncrowded Gulf beach on both islands. Great investment property, or live in one rent the other. Only \$640K for two beach homes, side by side. Call owner at 239-233-1349.

★NS 10/7 CC 10/28

GARCIA REAL ESTATE AND CONSULTING



RICHARD J. GARCIA, GRI, BROKER
239-472-5147

garciaonsanibel.com

Offering Personal, Private, and Professional Real Estate Services on Sanibel and Captiva Islands. 30 Year Resident of Sanibel. Licensed in Florida, New York, Pennsylvania and New Jersey.

★RS 4/29 CC TFN

COMMERCIAL RENTAL

WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom, Approx. 1,000 sq. feet. This was Molnar Electric's old office. Call Judy at 239-851-4073.

★RS 8/5 CC TFN

COMMERCIAL RENTAL

PRIME COMMERCIAL PERIWINKLE EXPOSURE

1633 Periwinkle Suite F and or G 1,300sqft @ \$1,600 a month including tax or will separate the 2 suites at \$800 a month including tax. Available November 1st. Call 239-898-4464

★NS 10/7 CC TFN

SEASONAL RENTAL

RE/MAX OF THE ISLANDS

Putting owners and tenants together
Call Ryan Block
www.remax-of-theislands.com
239-472-2311

★RS 1/23 BM TFN

VACATION RENTAL

Island Vacations

Of Sanibel & Captiva
Million \$ Views Await You!
• Cottages • Condos • Homes •
Miles of Beaches & Bike Paths
239-472-7277
1-888-451-7277

★RS 1/4 BM TFN

LIGHTHOUSE REALTY

Paul J. Morris, Broker
VACATION RENTALS
PROPERTY MANAGEMENT & SALES
359 Periwinkle Way, Sanibel Island
239-579-0511

★RS 1/4 CC TFN

ANNUAL RENTAL

ANNUAL RENTALS

SANIBEL

Ground Level, 3/2 UF, Freshly painted, minutes to Beach. \$2,000/mo.

FT. MYERS

Gated condo. complex, this Clean 2nd floor, Lake Front 2/2 UF Gorgeous shape. Close to Beaches. \$1,350/mo.

Call for details and to view, these rental offerings



472-6747

Gulf Beach Properties, Inc.

Helping People Become Islanders for over 35 years!
The Island Experience!

★RS 10/14 BM TFN

LOAN NEEDED

LOAN NEEDED

Looking for private investor loan to consolidate personal debt. I live on Sanibel and can offer second mortgage on my home. Amount needed is \$150,000. This will payoff existing debt. Please respond to sanibelforme@hotmail.com

★NS 7/22 CC TFN

SERVICES OFFERED

POOL & SPA SERVICES

Aqua Smart Pool & Spa Services, Inc.
772-1955
Servicing Residential & Commercial Pools!
* Weekly Maintenance Service
License & Insured

★NS 5/20 CC TFN

SANIBEL HOME WATCH SERVICES

Will Check Your Home Weekly/Biweekly
Very Reasonable Rates
Licensed - Insured - Bonded
239-322-8054 Sanibelhw@gmail.com

★NS 9/16 CC TFN

HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction
Sanibel & Captiva • 239-565-0471
Sanibel Lic. #11412 Lee Co. Lic. #051047

★NS 1/4 PC TFN

HOLISTIC HOME CLEANING

Optimize your health and home
Utilizing hydrogen peroxide, fresh citrus, soda and Suds.
Sonya @ 239-246-7007.

★RS 9/30 CC TFN

SERVICES OFFERED

\$99-JOIN IN THE CRAZE

3 Hrs. of Jazz/Easy Listening for your Office/Private Party, Special Event, Real Estate Open House, etc. A relaxing, fun form of entertainment at an affordable price. Call: Bonnie G 518-796-4239

★NS 10/21 CC TFN

ENVIROMOW OF LEE COUNTY

Complete Landscaping Services
& Weekly Lawn Service

Mention this add to receive 10% off your Mulch Installation or Landscaping Project, Plus special pricing for monthly service.
Call today for a FREE estimate: 239-896-6789. Locally owned & operated.

★NS 10/14 CC TFN

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming
Weeding, Installation of Plants, Trees and Mulch (one month free service available)
Joe Scarnato (239) 849-6163
scarnatolawn@aol.com

★RS 1/25 BM TFN

ISLAND TAXI

Airport & Local Service
239-472-4888
Call Madeline to make a reservation.
Experienced Staff & Drivers.
www.IslandTaxi.com

★NS 10/7 CC 10/28

CLEANING SERVICES

New Client Incentives
Sanibel Captiva Iona McGregor
239-233-2152 #14948

★NS 8/19 CC 10/21

HOUSE WATCH

Retired contractor, FT resident. 35 years experience. Reasonable rates. References on request. Excellent Troubleshooter.
Call or Text 573-280-5415.
kendeelake@yahoo.com

★NS 10/14 CC TFN

ROGER NODRUFF ELECTRIC

Lic# EC12002788.
Call Roger 239-707-7203.
Aqualink - Motor Controls.
Office & Store Maint.

★RS 6/7 CC TFN

HELP WANTED

THE PECKING ORDER FRIED CHICKEN NOW HIRING A TEAM MEMBER

We are looking for an energetic go-getter to work in the kitchen with us. Duties include simple cooking (will train), light prep, light cleaning and food prep. Evenings, weekends and passion for food is required. Competitive pay. Tolls paid. Text Bridgit @ 239.728.1920 to schedule an interview.

★NS 10/21 CC 10/21

HELP WANTED

All around person for small Captiva Resort. Duties will include Front Desk Customer service and also working outside in marina operations. Please call 470-5389

★NS 10/21 CC 10/28

JERRY'S FOODS WAITRESSES OR WAITERS

Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday. If interested call and ask for John, Tami, or Norm 472-9300.

★NS 5/6 BM TFN

BOATS - CANOES - KAYAKS

DOCKAGE

Hourly, Daily, Weekly and Monthly.
Captiva Island 472-5800

★RS 1/4 NC TFN

BOAT FOR SALE

IMMACULATE 2004 CHAPARRAL



photo submitted by owner

260 Signature, 80 Hours, FW Cooled, Full Canvas, Never Used: Head, FW Tank, Micro & Stove, 2005 Venture Trailer inc. Must See Listed To Sell... \$37,000.
FMI 207-251-5050

★RS 10/14 CC 11/4

Grand Opening For New Kiwanis Reading Oasis



Dr. Denise Carlin reading to student in the new Kiwanis Reading Oasis at Orangewood Elementary School

photos courtesy Fort Myers Metro-McGregor Kiwanis

The Fort Myers Metro-McGregor Kiwanis recently held the grand opening of the Kiwanis Reading Oasis at Orangewood Elementary School. The Reading Oasis was made possible through a \$5,500 donation from the club, a matching grant from Scholastic Books and a \$250 donation from Thrivent Financial, for a total of \$11,250.

Teachers, parents, students, Kiwanis members, community partners and representatives from the Lee County School District attended the unveiling, including school board member Jeanne Dozier, Shanna Flecha, Dr. Denise Carlin and Claire Cutting.

The Reading Oasis includes 1,200 books for students from pre-kindergarten to sixth grade, as well as bookshelves, a reading-themed rug, bean bag chairs, a stereo with CDs, a padded bench and additional products to support reading. The Fort Myers Metro-McGregor Kiwanis has also committed to provide ongoing weekly reading mentor support.

"In low-income neighborhoods, studies have shown students only have access to one book per 300 students. In contrast, in middle-income neighborhoods there are 13 books on average per student," said Reading Oasis project chair Stewart Ross. "Our club is working to create that access to reading that will help these students succeed, and you can tell from the students' faces that attended the unveiling that they are eager to read and learn."

"The phone call about this project was one of the best in my career," said Angela Nader, principal of Orangewood Elementary School and new member to the Metro-McGregor Kiwanis Club. "The Reading Oasis is an exciting new place for our students to receive ongoing mentoring from Kiwanis and also a space for our staff to utilize."

The club seeks service-minded individuals and business professionals who would like to make a direct impact on the community through volunteering. Meetings are held every Tuesday at 11:30 a.m. in Fort Myers. For more details, call Stewart Ross at 507-304-1624, Harris Segel at 939-4027 or visit metro-mcgregor.com.✱



Ribbon-cutting of Kiwanis Reading Oasis at Orangewood Elementary School

HORTOONS



Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Fort Myers	Fort Myers	2006	4,523	\$1,649,900	\$1,465,000	16
Renaissance	Fort Myers	2008	4,876	\$1,395,000	\$1,305,000	172
Ridge	Bonita Springs	2001	3,329	\$999,999	\$975,000	27
Matlacha Shores	Matlacha	2008	4,380	\$999,000	\$850,000	276
Fort Myers	Fort Myers	2006	3,796	\$949,900	\$849,900	165
Riverwalk	Bonita Springs	1992	3,476	\$875,000	\$850,000	83
Cape Coral	Cape Coral	2016	2,662	\$749,875	\$769,112	9
Idlewild	Estero	2001	2,771	\$725,000	\$630,000	254
Cape Coral	Cape Coral	2014	2,520	\$699,000	\$687,000	49
Estero Place	Estero	2016	2,367	\$607,381	\$605,880	5

Courtesy of Royal Shell Real Estate

A WINDFALL OF AMAZING SAVINGS

**Shop at Over 40 Outlet Stores
at a fraction of the cost!**

- NIKE FACTORY STORE
- BROOKS BROTHERS FACTORY STORE
- CHRISTOPHER & BANKS
- BANANA REPUBLIC FACTORY STORE
- UNDER ARMOUR FACTORY HOUSE
- GYMBOREE OUTLET
- BATH & BODY WORKS
- GUESS FACTORY STORE
- TOMMY HILFIGER
- GAP FACTORY
- CALVIN KLEIN
- CROCS OUTLET
- OSHKOSH B'GOSH
- LOFT OUTLET
- SWIM MART
- ...and MANY MORE

HOURS Monday-Saturday, 9am-9pm
 Sunday, 10am-6pm



SANIBEL  **OUTLETS**

2 miles before Sanibel Causeway • 5 miles from Ft Myers Beach • 20 minutes off I-75
20350 Summerlin Rd. • SanibelOutlets.com • Like us on Facebook 